

SHONIHARI OBHS Seminars in FL 2023

JAPANESE PEDIATRIC ACUPUNCTURE

Instructor: Takayuki Koei Kuwahara, Lic.Ac., President of the Hari Society
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OBHS: Cameron Bishop, DAOM. Ananda Devi, DAOM and Gretchen Lorenson DAOM.

This workshop is ideal practitioners looking to work with in a more gentle manner for children, with a focus on non-insertive techniques. In this Hand-On-Hari workshop, we spend more time on Japanese meridian therapy that provide whole-body treatments for all ages and with *Daishi Shonihari*.

We introduce you intro-basic to clinical level of *Hari* style (Meridian therapy + *Daishi*) of *Shoni-hari*. We learn and practice *SHO-AKASHI* (five phases pattern) determination with focused on Pulse and *Hara* (Abdominal percussion) diagnosis. Although the Specialized *Teishin* methods for meridian therapy and *Taishi-hari, Jaku-san* techniques are designed for pediatric patients, even so the techniques can be used on anyone.

You will learn new and advanced skills that can be immediately applied into your clinical practice.

- How to pal-up with super quick responsive children.
- How to recognize & treat common pediatric complaints in Hari style (Meridian therapy + Daishi)
- Unique diagnostic techniques; special emphasis refinement of palpation and
 - Super quick Pulse-quality and Six-comparative dx.
 - Hara- abdominal percussion dx.
- Very easy and effective supportive system (dx., tx., and home therapy) with magnet and gold pressball
 - Extra ordinary vessel tx
 - Shigo (mid-day mid-night) tx.
- How to adjust techniques based on age & health of the patient

SATURDAY, FEBURARY 18. 2023

		Shonihari: Taishi style of Shonihari and focus on Meridian therapy.	
9:00 - 9:15 am		Opening Words from Cameron, Ananda and Gretchen, and Hari Mantra	
9:15 - 10:15 am (60)	L. I	<ul style="list-style-type: none"> ➤ General information: Pediatric Acupuncture in Japan and CULIA KI CLINIC. ➤ Its treatment methods, we practice today. Hari style pediatric acupuncture (Dai-shari + Meridian therapy) The three requisites in Shonihari: (1) Dx. +Tx. (2) Pal up (3) Adviser for parents. <ol style="list-style-type: none"> 1. General knowledge of Hari (+Meridian therapy) style of acupuncture, 2. Order of treatment 	Tanioka Sensei, Mr. K on Video
10:15 - 10:45 am (30)	P. I	Demo. whole shonihari treatment with students with Mr. K	
10:45 - 11:15 am (30)	L. II	<ul style="list-style-type: none"> ➤ Taishihari: Tools (non-insertive three edge needle), and its method for baby's Ki stagnation and Blood stasis. <ul style="list-style-type: none"> • How do you find the active tx. point (Volcano or Tornado)? Types of tx. point with three types of tx. techniques. • Amount of stimulation according to age and their skin condition and Frequency of treatments. • How to hold and use the Taishi-hari and Jaku-san • Movement and rhythm of the needle • Skin discrimination and evaluation of the effectiveness of the treatment 	
11:15 - 12:00 pm (4 5)	P. II	<ul style="list-style-type: none"> ➤ Abdominal (percussion Dx.) <ul style="list-style-type: none"> • Abdominal (percussion dx.) • Find the active ex. point (Volcano or Tornado) • Tapping the needle head. <ul style="list-style-type: none"> • Taishi-hari and Jaku-san techniques for 1, 3, 10-year-olds. Practice in pairs or three 	

12:00 – 1:00 pm	Lunch Break		
1:00 – 1:30 pm (30)	P.III		Model treatment for outpatients (2 kids) with Mr. K
1:30 – 2:15 pm (45)	P.IV		Demo. Step by step + Student Practice Taishi style of Tx. with using the Taishi-hari + Jyakusan.
2:15 – 3:15 pm (30+30)	L.III	➤	Meridian therapy: SHO determination and Root Tx. and Its Steps.
	P.V		Demo. SHO determination and Root Tx. on the white board
3:15 – 3:30 pm	Tea & Ki Exercise.		
3:30 – 4:10 pm (40)	L.IV	➤	Pulse dx. (8 Basic quality and Six comparative) How do you read Kids pulse in moment?
		➤	Hara dx. (Five phases pattern on Hara and Kyo, Jitsu)
4:10 – 4:50 pm (40)	P.VI		Practice: Pulse and Abdominal diagnosis * Super quick Pulse reading
4:50 – 5:00 pm	Q&A		

SUNDAY, FEBURARY 18. 2023

9:00 – 9:15 am	<i>Hari Kototama</i> chanting		
9:15 - 10:30 am (45 + 30)	L.V	➤	Basic and Common tx. points for Root Tx. in Meridian therapy
	P.VII	➤	Teishin techniques for root Tx. (Futomani Shinpo) Tonification, Dispersion with Teishin and Sesshin (Mu state of mind)
			Practice Teishin technique
10:30 – 11:00 am (30)	P.VIII		Demo. SHO (pattern) determination for Root tx. w/ Pulse, Hara and from other finding. and Tx. on student for Sho determination with Mr. K
11:00 – 12:00 pm (30+30)	P.IX		Practice for Shonihari (only Root treatment in Meridian therapy with Teishin)
12:00 – 1:00 pm	Lunch Break		
1:00 – 1:30 pm (30)	P.X		Model treatment for outpatient (2 kids) from Mr. K
1:30 – 2:30 pm (E 30 + S 30)	L.VI	➤	Extra Ordinary Vessel and Shigo tx.
	P.XI		Practice for EV and Shigo.
2:30 – 3:00 pm (30)			
3:00 – 4:00 pm (60)	P.XII		Small Demo. from Mr. K Students Practice on whole Hari Style of Shonihari with several tools and techniques
4:00 – 4:15 pm	Tea and Ki breathing Exercise		
4:15 – 4:50 pm (35)	L.VII	➤	<i>Kanomushi</i> , ADHD and Asthma, and
		➤	More Tips for pediatric acupuncture Smile and smile with their rhythm. Invite them to your space to play. They are your playfellows.
		➤	How to interact with children. 1) The difference between children who cry and those who do not. 2) Perceiving or predicting the child who is about to cry. 3) Taboo words: ... and Do not say, "OK, I'm going to give you acupuncture now." 4) Compliment the merits of children 5) Kids cannot come to the clinic by themselves 6) Persuading the guardians: Look the parent(s) in the eye.
		➤	If the symptoms take a turn for the worse.....
4:50 – 5:00 pm	Q & A How to incorporate Shonihari into your clinic.		