


SHONIHARI JAPANESE PEDIATRIC ACUPUNCTURE


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FRIDAY, MAY 5th, 2017

Shonihari (1): Taishi-Hari style	
10:00 – 10:15	Introduction to Shoni-hari (1. Daishi-hari style)
10:15–10:45	<ul style="list-style-type: none"> ➤ History, theory and principles of Shonihari in Japan. ➤ Hari style of Shonihari (Daishi Hari style + Meridian Therapy style) ➤ General knowledge: The three requisites in Shonihari, 1). Dx + Tx 2). Pal it up with kids 3). Adviser for the parent
10:45 – 11:30	Tanioka Sensei in DVD Tx Demo (#1) with shonihari students
11:30 – 12:00	Future of Shonihari treatment in Japan and CULIA KI CLINIC.
12:00 – 1:30	Lunch Break
1:30 – 2:15	Taishi -Hari Treatment From DVD
	<p>Order of Shonihari treatment</p> <ul style="list-style-type: none"> ➤ Touch diagnosis: General touch Dx and Hara (abdominal percussion Dx) <ol style="list-style-type: none"> 1. How to find treatment area (Active point: Volcano or Tornado)? Determine appropriate level of stimulation and how to monitor the changes. 2. <u>Amount of stimulation according to age and their skin condition</u> ➤ How to use Taishi-hari (tools), Features of the Taishi-hari and its method 3. Movement and rhythm of the needle. 4. Taishi-hari techniques for 1, 3, 10-year-old 5. <u>Skin assessment and evaluation of the effectiveness of the treatment</u> 6. Take loving care of your hands and Tapping the Needle Head exercise
2:15 –2:45	Tx Demo (# 2) Q and A
2:45 –3:15	Touch Dx, using the Taishihari Practice Touch Dx and Taishi needle technique
3:15 – 4:00	<p>Tea & Ki Exercise: FURU FURU TAISO</p> <p>When performed with the correct mind-heart, posture, and breathing, will allow us to achieve harmony and stability psychologically and physiologically in our daily lives.</p>
	Tx. for children's blood stasis
4:00 – 4:30	<ul style="list-style-type: none"> ➤ How to use Jaku-san for excess at blood level. Practice: Jakusan
4:30 – 5:15	<ul style="list-style-type: none"> ➤ Frequency of treatments. ➤ <u>Tips for shonihari: Smile with their genius rhythm.</u> <ul style="list-style-type: none"> ● Invite them to your space to play. They are your playfellows. ● If the symptoms take a turn for the worse..... <p>How to approach children Advising parents How to set up the treatment room Cautions/contraindications Overview of advised diets</p>
5:15-5:50	Demo Tx. (#3) with other supportive methods
	<p>Extra ordinary vessel Tx and Shigo Tx</p> <ul style="list-style-type: none"> ➤ Advancement Tx methods: (press ball, press needle, regular needle, cupping, magnet)
5:50 – 6:00	Q&A Conclusion

SATURDAY, MAY 6th, 2017

Shonihari (2): Meridian Therapy - Hari style	
10:00–10:15	Introduction to Shoni-hari (2. Meridian Therapy / Hari style)
10:15–11:00	<p>General information: Meridian Therapy for children</p> <ul style="list-style-type: none"> ➤ SHO determination and Root Tx Constitutional types with five phase chart Dx: looking, questioning, palpation (pulse, abdomen including Tapping dx) ➤ Focus on basic pulse quality dx and six position comparative pulse dx ➤ Tx: basic Tonification and Dispersion with Teishin <p>Common tx points for root tx</p>
	Treatment Demo (#4) and Q & A
11:00–11:30	More detailed Teishin tech. for root Tx. Tonification and Dispersion with Teishin
11:30 – 12:00	Dx. for Root Tx. Pattern (SHO) with Pulse, abdomen Practice: Pulse and Hara Dx.
12:00 – 1:30	Lunch Break
1:30 – 2:00	Kuwahara in Video, and Treatment Demo (#5) and Q & A
2:00 –2:30	How to relate to the child and Methods to stop their crying.
2:30 –3:15	<p>Root tx.: SHO determination and main tx points</p> <p>Review: special tools (Teishin, Enshin, Zanshin).</p> <p>Practice: Root tx with using the Teishin</p>
3:15 – 4:00	<p>Tea & Ki Exercise: FURU FURU TAISO</p> <p>When performed with the correct mind-heart, posture, and breathing, will allow us to achieve harmony and stability both psychologically, physiologically, as well as in our daily lives.</p>
4:00–5:00	Tx of common pathologies: <i>Kan-no-mushi</i> , ADHD
NOTE for Tips 	<p><u>How to interact with children.</u> Why do you think children cry?</p> <ol style="list-style-type: none"> 1) The difference between children who cry and those who do not. 2) Perceiving and predicting the child who is about to cry 3) Taboo words: ... ie needle, sharp, pain and Do not say, "OK, I'm going to give you acupuncture now." 4) How to stop children from crying <p><u>Persuading the guardians:</u></p> <ol style="list-style-type: none"> 5) Look the guardian(s) in the eye. 6) Kids cannot come to the clinic by themselves 7) Compliment the merits of children
5:00 – 5:30	Tx Demo (#6) : Whole Hari style incorporating with multiple techniques and Q & A
5:30 – 5:50	<p>Common pediatric conditions treated with Shonihari:</p> <p><i>Kanomushi</i>, ADHD, asthma, food allergies, ear infections, indigestion, diarrhea, constipation, vomiting, chronic rhinitis, tonsillitis, mumps, stuttering, bedwetting, eczema, weak constitution, weak immune system</p>
5:50–6:00	Q&A Conclusion