

How to find points (area) to treat, determine appropriate level of stimulation and monitor changes
 Treatment tools and how to use them; Taishi-hari
 Practice local tx. Touch Dx. on the surface of the Skin and Tapping the head of the Taishi-hari.

TIPS FOR SHONIHARI
LISTEN TO THE VOICE FROM
SURFACE OF THE SKIN.

How to read the surface of the body?

To use fourth fingertip to read the skin while performing the Taishi hari

The way to move hand: To move your hand (surface of finger) parallel to children skin.

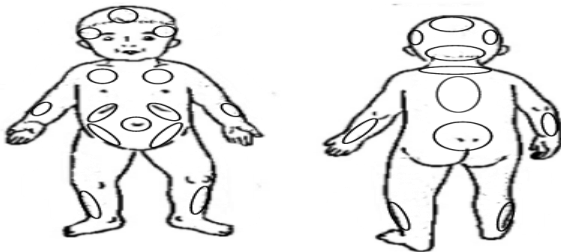
The rhythm of hand: during manipulation is 150 times / min. To use fourth finger (ring finger) to read the skin.

The difference of bodily reaction between adult and child.

Adult: Reaction come out as point on body

Child: Reaction come out as spot (bigger than point) on the body.”

Get the Picture



The areas within the circles in the diagrams are areas where excess tends to appear. Make sure to examine and diagnosis the whole body but pay especial attention to these areas.

The areas within the circles indicate where the evil ki can gather. Evil ki gathers easier on the back rather than the anterior part of body. Do not forget to palpate with forth fingertip at same time as performing the needling technique.

The most important thing with touching is to develop the sensitivity of your hands. If a child's skin is soft and delicate it is most likely healthy.

An excess pattern is indicated if the skin feels like a “dry towel”.

In this case, dispersion or strong stimulation should be used.

A deficiency pattern is indicated if you find a sense of 'loneliness' or “sluggishness” on the skin.

In this case, apply a tonification technique or weak stimulation or **do not touch** that area.

Think: Do not think too much but rather apply techniques intuitively based on the feeling in your fingers as they touch the child's skin.



Get Started Right Away

Try to let children say “It is comfortable! (or Good!)”
(To draw out this word is very important)

Treatment Order

- ① From the parietal region to the temporal region
 - ② From the upper shoulders to the nape of the neck
 - ③ Interscapular region centering on GV-12
 - ④ Lower back centering on GV-3 and GV- 4
 - ⑤ Abdomen: around the navel, area of the free ribs, and inguinal region
 - ⑥ Area near LU-1 and LU-2
 - ⑦ Arms: LI-8 to LI-12, SI-7 and SI-8, TW- 5 to TW- 9 Legs: ST-37, ST-38, GB-35 to GB-39
- Check and stroke again ③

Have More to Say?

If the symptom worsens, the amount of stimulation may have been excessive and should be decreased to 1/5 - 1/10 of the original dosage. **Feather-light stimulation** by using this Taishi needle is also possible. Acupuncture, post-massage, and post-diagnosis can be done with one hand. Because the other hand is free, the child can be supported by this free hand, which is very useful.