# Shonihari

### Week 6 (4) 2/18

Focus on five phase pattern based on comparative pulse dx and pulse quality

• Practice root treatment diagnosis and treatment (tonification and dispersion) with Teishin.

### TIPS FOR SHONIHARI

Perform a pulse dx. in order to determine the SHO.

### Characteristic kid's calm Pulse quality

Floating, Fast, Soft, Short

### **Order of Pulse Diagnosis**

Is it Yin or Yang disease

- Yang disease; It's from OPI(Jaki)
- <u>Yin disease</u>; <u>It's constitutional or</u> <u>It's influenced by parent EPI.</u>
- Catch the middle pulse then find excess

#### @ Yang disease

**Acute:** Excess on yang meridian with yin deficiency in same phases.

### Fetal toxin/Chronic: Blood stasis

- ★LR ex. w/ LU+KD def. Many of illness
- ★LR ex. w/ SP def. Food Allergy
- ★LU ex. w/ SP def. Allergy/Eczema/Asthma

### @ Yin disease

#### Yin Ouki-Jitsu

(Excess without Jaki) with Yin deficient on control cycle

★ After tonify primary dif. Yin then apply the Yusha/Shanting/Tonification on the control cycle point on Excess meridian.

### **Treatment Frequency**

#### 1. General or

### Kan-no-mushi (irascibility bags syndrome)

On average \_\_\_\_\_every day for 4-5 days. In light cases \_\_\_\_every day for 2-3 days. In serious cases \_\_\_every day for 7-10 days.

### 2. Judging the effectiveness of treatment

Questioning the guardian in detail. If the symptom worsens, the amount of stimulation should be decreased to 1/5 - 1/10 of the original dosage.

### 3. Timing of the end of treatment

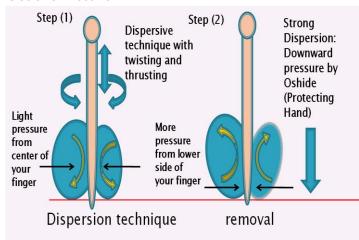
You must end it, when the normal body is approached most.

### How to use Teishin for dispersion

Use round tip for week constitution or Deficient type of Ex. Jaki

Sharp tip for general Excess type of Jaki excess and /or very rough skin (blood stasis).

#### Get the Picture



## **Have More to Say?**

Most effective point for Ac-tx. is Volcano point. For Local Tx. Popular Basic Point Selection for Root Tx.

#### @Yin

Lung shō - LU-9, SP-3 Spleen shō - PC-7, SP-3 Liver shō - LV-8, KI-10 Kidney shō - LU-5 or LU-8 and KI-7 **@Yang** Luo point