

# Shonihari

**Week 12 (10)** 4/7

Treatment of common pathologies: "**Kanmushi-sho**" (**Irascibility bugs syndrome**) and ADHD.  
Set up treatment room for Shonihari, cautions and contraindications

## TIPS FOR KAN-NO-MUSHI

**Kan-no-mushi is the underlying problem for the following symptoms:**

**Cause of Fetal Toxin and Brain Damage; it manifests as Blood Stasis**

Infants get large amounts of Old Salt (mineral deposits) and Heavy Metals during their mother's pregnancy. Normally, after birth, fetal toxins are excreted in the feces within 3 years. For that, new born babies have immediate help from their mother's bitter breast milk. Unfortunately, many of our new friends have a difficult history in that mother did not give them her first milk.

(Other reasons include: selected unnatural birth time, large amounts of oxygen, poor delivery methods, as well as others) In these cases, fetal toxin is not excreted.

Because the development of babies is rapid, their kidneys and brains are fragile. Coupled with the presence of fetal toxin, their brains can be damaged easily.

**Presentation can include:**

Being awake much of the night, difficulty falling asleep, difficulty waking up, waking up in the middle of night and playing, sleeping at night but not taking naps, crying in a high pitched voice, biting, pulling of own hair, bumping into walls, unable or not wanting to play with other kids, tendency to cry when adults talk to him/her, fighting with others without reason, poor appetite, diarrhea even though he/she has not eaten any strange food or constipation even though he/she eats the same food as other children (and they do not get constipation), vomiting food or mother's milk, tendency to catch colds or become feverish.

**Observation include:** Raised veins between the eyes or anterior to temple region, redness around eyes, reddish inner canthus, and reddish color below the nostrils. There could be redness and breaking of the skin around the umbilicus.

Loss of spirit from the eyes, difficulty smiling or having fun, loss of interest in playing.

**If a child grows up with this condition**, he or she will always want to escape from stress at school but cannot. So, psychological and physical dysfunctions naturally manifest. If they can release these dysfunctions through expression, they will bite and/or fight with others. This is a condition where the child has lost control over his/her demeanor. It strikes the child during the time when the child's brain is quickly developing.

**Points often used:**

Additional points for press balls: GV-12. For children with many Kan-no-mushi symptoms use one or two direct moxa cones on GV-12. If you cannot use moxa, then press-tacks are advisable.

**Have More to Say?**

**Again, it is smile and gentle face.**

**See your ADHD friends as Little Geniuses**

## Treatment Frequency

**For General Symptoms (including Kan-no-mushi)**

Average cases \_\_\_\_\_ every day for 4-5 days.

In light cases \_\_\_\_\_ every day for 2-3 days.

In serious cases \_\_\_\_\_ every day for 7-10 days.

Preventative \_\_\_\_\_ two tx. in a week in one a month



### 1. Judging the effectiveness of treatment

Question in detail. If the symptom worsens, the amount of stimulation should be decreased to 1/5 - 1/10 of the original dosage.

### 2. Timing of the end of treatment

You must end it when the body's normalcy is approached most.

Tonicity of skin, abdominal tapping sound, pulse, facial expression, etc. should just approach a health condition. It is important that your observation of the signs are in sync with the patient's expression of the change. Developing this awareness is important to your skill as a practitioner.

## ADHD is a type of Kan no Mushi

Already great masters have shown how to treat Kan no Mushi with Shonihari. These treatments can also treat ADHD and we are very grateful to the masters.

### 1. What should the family members do?

#### a. Change their view of the child:

From "the trouble maker" to a "Quick-response genius type"; "star" of the family

### 2. What should Hari practitioners do?

#### a. Should become "a genius who treats little geniuses"

b. Become an even more bigger scale "Quick-response genius type" star acupuncturist

c. Conduct super fun up-tempo treatments

#### d. Considering the possibility of long term treatments:

• Efforts to reduce family's financial burden and time spent:

a. Reduce frequency of the visit, introduce and instruct a home-therapy

#### e. Reconsider and further improve the level of Teishin

Treatments and Sho in Keiraku Chiryō (Meridian Therapy)

f. Use of EV treatment and magnets

g. Use of peripheral acupuncture methods: gold press balls, press tags, and cupping

h. Instruct the child and his/her family:

• Dietary suggestions: adjustment from a "genius type" diet (fatty foods) to a little more "regular" dietary habits.

• Encourage the family to have more physical contact with the child

