

2017 BOSTON ADVANCED HARI PROGRAM



SHIRAKU

Specialized Japanese Bloodletting and Cupping Therapy.

Date: SATURDAY, 10th and SUNDAY 11th of JUNE, 2017
Instructor: T. Koei Kuwahara, Lic.Ac., MA, President of the Hari Society kuahara@msn.com
Place: CULIA KI CLINIC INC.
 25 Church St. Watertown MA 02472 617-926-6968 www.culia.net info@culia.net
Organizer: Boston Hari Society: Jen Jackson DOM. DrJackson@oceanKiAcupuncture.com

SCHEDULE: SATURDAY, JUNE 10th, 2017

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|----------------|---------------|--|--|---------------------------------|-------|
| 9:00–9:30 am | | Opening Ceremonies: Gassho and Kototama Chanting | | | |
| 9:30–10:30 am | HARI: SHIRAKU | L.I | History of Bloodletting and Cupping: Classification and its general purpose and effects. | | |
| 10:30–11:30 am | | P.I | Demo.: Hari with Shiraku treatment | | |
| 11:30–12:00 am | | L.II | Purpose and methods and its effect of the Cupping methods | | |
| 12:00–1:00 pm | | Lunch Break | | | |
| 1:00–2:15 pm | | P. II | Practice: Cupping method | | |
| 2:15–2:30 pm | | Tea Break: Please Take a deep breath | | | |
| 2:30–3:15 pm | | L.III | Tonification by Kyutoshin and Chinetsukyu | Practice | Enjoy |
| 3:15–4:45 pm | | P.IV | Blood Stasis: Its cause and tx. | SP-LR and LU-LR Excess (Chp.75) | |
| 4:45–5:00 pm | | Q & A Discussion on the Blood stasis. | | | |

SCHEDULE: SUNDAY, JUNE 11th, 2017

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| 9:00–9:30 am | | Hari Mantra and Ki Exercise | | | |
| 9:30–10:15 am | HARI: SHIRAKU | L.IV | Purpose and methods: Jing points and extremities: dosages, and sterilization methods | Powerful | |
| 10:15–10:45 am | | L.V | Important areas: Body Regions and their indication | yet | |
| 10:45–11:00 am | | P.V | Preparations for STERILIZING & DISINFECTING | | |
| 11:00–12:30 pm | | P.VI | Practice on the Jing points and Other extremities (Mattan Shiraku) | | |
| 12:30–1:30 pm | | Lunch Break | | | |
| 1:30–2:15 pm | | L.VI | Vascular spiders, (Sairaku Shiraku), other (Hifu Shiraku) | | very |
| 2:15–3:15 pm | | P.VII | Bloodletting on vascular spiders and skin with Wet-Cupping | | gentle |
| 3:15–3:30 pm | | Tea Break and Ki breathing Exercise | | | |
| 3:30–4:00 pm | | P.VIII | Case study and Clinical applications | | HARI |
| 4:00–4:50 pm | | P.IX | Practice: Whole Hari tx. with SHIRAKU, Kyutoshin, Chinetsukyu. | | |
| 4:50–5:00 pm | Q&A and Conclusion | | | | |