

2017 BOSTON ADVANCED HARI PROGRAM



SHIRAKU

Specialized Japanese Bloodletting and Cupping Therapy.

Date: SATURDAY, 10th and SUNDAY 11th of JUNE, 2017
Instructor: T. Koei Kuwahara, Lic.Ac., MA, President of the Hari Society kuahara@msn.com
Place: CULIA KI CLINIC INC.
 25 Church St. Watertown MA 02472 617-926-6968 www.culia.net info@culia.net
Organizer: Boston Hari Society: Jen Jackson DOM. DrJackson@oceanKiAcupuncture.com

SCHEDULE: SATURDAY, JUNE 10th, 2017

9:00–9:30 am		Opening Ceremonies: Gassho and Kototama Chanting			
9:30–10:30 am	HARI: SHIRAKU	L.I	History of Bloodletting and Cupping: Classification and its general purpose and effects.		
10:30–11:30 am		P.I	Demo.: Hari with Shiraku treatment		
11:30–12:00 am		L.II	Purpose and methods and its effect of the Cupping methods		
12:00–1:00 pm		Lunch Break			
1:00–2:15 pm		P. II	Practice: Cupping method		
2:15–2:30 pm		Tea Break: Please Take a deep breath			
2:30–3:15 pm		L.III	Tonification by Kyutoshin and Chinetsukyu	Practice	Enjoy
3:15–4:45 pm		P.IV	Blood Stasis: Its cause and tx.	SP-LR and LU-LR Excess (Chp.75)	
4:45–5:00 pm		Q & A Discussion on the Blood stasis.			

SCHEDULE: SUNDAY, JUNE 11th, 2017

9:00–9:30 am		Hari Mantra and Ki Exercise			
9:30–10:15 am	HARI: SHIRAKU	L.IV	Purpose and methods: Jing points and extremities: dosages, and sterilization methods	Powerful	
10:15–10:45 am		L.V	Important areas: Body Regions and their indication	yet	
10:45–11:00 am		P.V	Preparations for STERILIZING & DISINFECTING		
11:00–12:30 pm		P.VI	Practice on the Jing points and Other extremities (Mattan Shiraku)		
12:30–1:30 pm		Lunch Break			
1:30–2:15 pm		L.VI	Vascular spiders, (Sairaku Shiraku), other (Hifu Shiraku)		very
2:15–3:15 pm		P.VII	Bloodletting on vascular spiders and skin with Wet-Cupping		gentle
3:15–3:30 pm		Tea Break and Ki breathing Exercise			
3:30–4:00 pm		P.VIII	Case study and Clinical applications		HARI
4:00–4:50 pm		P.IX	Practice: Whole Hari tx. with SHIRAKU, Kyutoshin, Chinetsukyu.		
4:50–5:00 pm	Q&A and Conclusion				