

SHIGO and EV

How to diagnose Deficiency and Excess in the Clinical Practice?

1) What is SHIGO/Midnight-Noon Needling?

The meridians interact in their control over the body and influence the kinds of signs and symptoms that the body can manifest. Midnight-Noon Needling makes use of these interactions to diagnose and treat illness.

This technique that is touch needling with Gold needle #10-30 has immediate effects on symptoms which are present unilaterally such as pain with movement and constant pain. This also works as one of the best diagnostic methods which can diagnose Deficiency and Excess of the diseased meridian clinically in the 12 meridians, the treatment side, and the Sho/pattern of the disease. If this information is fully used, we can achieve effective treatment results without treating the meridian on the both sides.

2) What is EV (EV Treatment)?

We will introduce the 8 Extraordinary Vessels with the addition of his ***Super 4*** - a set of 4 points, supplemental to the traditional Extra Vessel system.

EV is defined as a diagnostic method and treatment technique to help Excess Ki overflowed from the main meridians into EVs. In other words, EV tx. is a technique to disperse Excess pathologies and we use it in our clinical practice.

Thus, the diagnostic principle of this method is that the meridian that the master point belongs to is the most excess meridian.

We use the Magnets or/ CP-Zn pellets for the EV Diagnosis and treatment. Likewise, the Shigo Diagnosis, the EV treatment plays an important role together as support systems in Meridian therapy. It contributes to determination of the main Sho/Pattern.

That are useful in the treatment of psychosomatic and iatrogenic disorders common in our modern, busy lifestyles.

Also, Mr. Kuwahara sensei introduce a system of diagnosis of the EV through abdominal palpation and pulse dx.

Due to his teacher, Mr. Fukushima and Miyawaki's sensitivity in palpation is exquisite and this has led to the development of a methodical Ki approach to E.V. treatment and the knowledge he shares is profoundly useful to the study and practice of acupuncture as a whole.

Also,

Suggestions from Kuzuno sensei we can share the integrated EV and SHIGO method.

By applying those method on a Sho (Disease Pattern) with such as pain, heaviness, swelling, stiffness, numbness and tension, we can reduce the problems and thus can identify Deficiency and Excess of the meridians from the reduction of these symptoms as well.

This weekend workshop will transform your sensitivities, increase your awareness of the patient's whole Ki system and give you the tools to bring balance back to the system using the EV-SHIGO methods.

Keeping this rule in mind, in Shigo, we find Kyo/deficient meridians, and in EV we find Jitsu/excess meridians.