



Pulse diagnosis

Finding the middle/stomach Ki pulse and
determining yin/yang pulses.

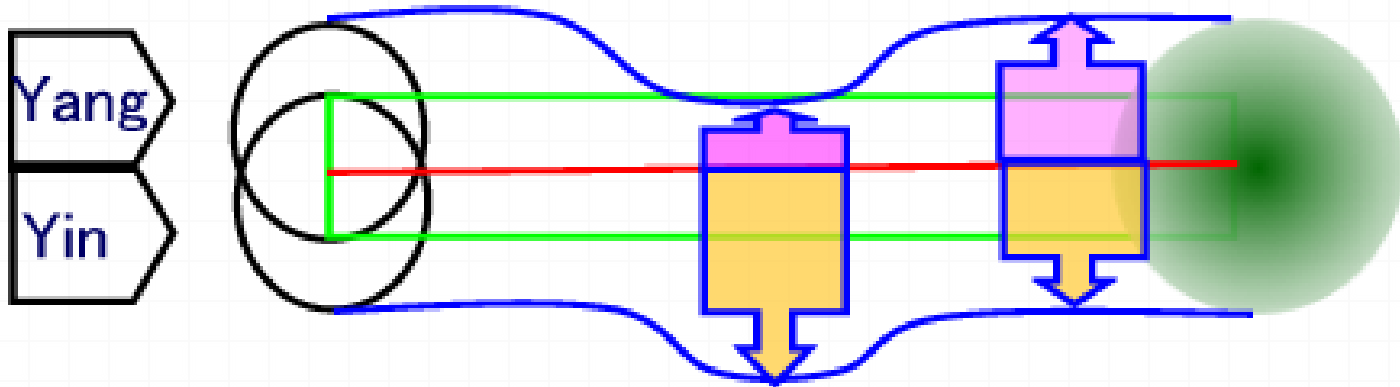
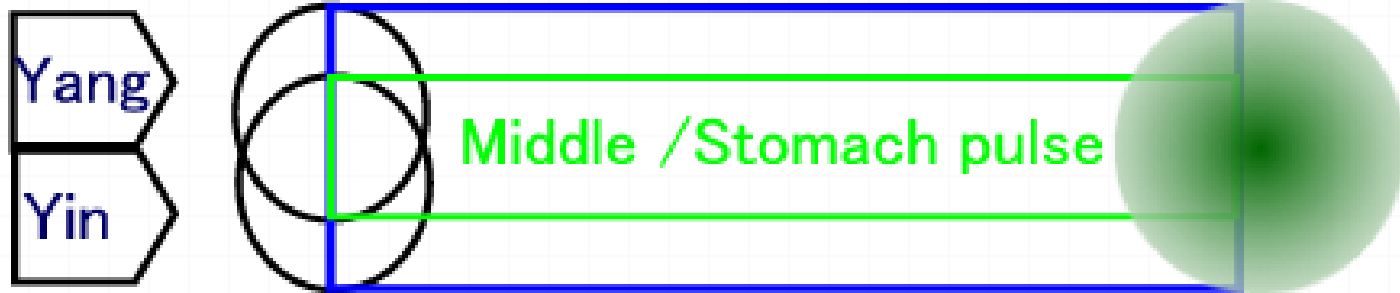
There are three main points to understand about stomach ki.

01. The strength and quality of Stomach ki is ascertained mainly at the middle pulse.
02. Stomach ki quality should feel moderate and peaceful.
03. Stomach ki can be judged as being abundant if the pulse has enough depth (thickness) in between the superficial and deep levels.

Middle pulse

- Find the Middle Pulse, compare the Yin/Yang, find deficiency/excess in the 6 positions.
- The middle pulse is the line where the three fingers feel equally and clearly the pulse. It is also the place where the pulse is felt the strongest.

Middle/Stomach Pulse



The depth of the pulse in each position

In the Classics the depth of each position is indicated by the weight of beans:

