

Pulse 1-2-3 Chart NESA 2011 Instructor T. Koei Kuwahara Lic. Ac

Practitioner _____ Client _____ Date ___/___/___

(A) Diagnosis

	Wood	Fire	Earth	Metal	Water
1, Asking					
2, Listening					
3, Looking					

4, Touching

Six comparative Pulse DX. Draw the pulse image in each position.

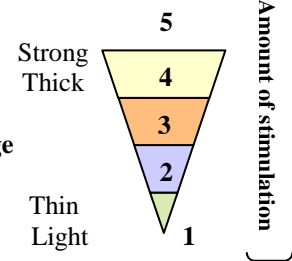
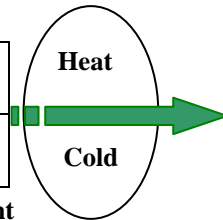
Def. O Ex.● for SHO

R			L					
Yang			3 2 1	Yang				
Middle	LI/LU	ST/SP	TW/PC	0	Middle	SI/HT	GB/LR	BL/KD
Yin			1 2 3	Yin				

Left	Yin	Right
	Distal	
	Middle	
	Proximal	

Pulse quality diagnosis Fill out the pulse quality table (1 2 3).

	Floating	Rapid	Big	Slippery	Tight	Excess
321						
123						



Type of disease	X	Deficiency	X Exogenous Factors	Excess JAKI
		Yin		

	Deficiency	Excess
Yang (Heat)	soft, weak, minute, thin, choppy, tight, slow, hollow, deficient, scattered, rapid, irregular	floating, large, excess, flooding, rapid
	Acute heat with an aversion to cold but no fever, internal and external chilling with low spirits, diarrhea, and loss of appetite	Acute heat with fever, aversion to cold, no change in appetite, urination or defecation; or, fever, constipation, delirious utterances
	Tonify both yin and yang channel*	Tonify the yin and disperse yang*
Yin (Cold)	floating, large, slippery, wiry, deficient, moderate, rapid-irregular, rapid, leathery	sinking, wiry, slippery, excess, slow, choppy, knotted, hidden
	Internal, external heat vexation, or cold lower limbs and hot flashes in the upper body; tendency toward constipation; has appetite	Acute w/ alternating chills and fever w/ no appetite, cold body surface but abundant internal heat, tendency toward constipation, hearty appetite
	Tonify yin*, and sometimes disperse yang*	Tonify yin* and disperse yin*

(B) Treatment	Name of Pattern	Pts.	Dosage and other comments
Primary SHO			
Secondly SHO			