

HARI PROGRAM IN SANTA FE, NM

Core Fundamental Program 2016-17

PLACE: The Dreamcatcher Ranch to 31 Calle Estevan
CHIEF INSTRUCTOR: Takayuki Koei Kuwahara L.Ac., President of the Hari Society
INSTRUCTOR: Ehrland Truitt DOM., President of the High Desert Hari Society
DATE AND TIME: SATURDAYS AND SUNDAYS: 9:00 AM-5:30 PM

2016	2017
1. October 1-2, 2016	4. February 4-5, 2017
2. November 5-6	5. March 11-12
3. December 3-4	6. April 1-2

We are very pleased
to invite you to the Fundamental Hari Program 2016-17 in Santa Fe.
Along with instruction in the fundamental essence of Hari,
Mr. Kuwahara will divulge new facets of this ever-evolving medicine.

HARI works within the heart of Japanese Ancient Kototama (Power of the undulation/word). Its theoretical foundation is based in the Five phase/dimensional model derived from the Japanese classics; *Koji-ki* and *Nihon-Shoki* and grounds itself clinically with *KI* (*E-Ki* in pulse) evaluation methods.

The Hari system has a flexible approach to treatment which draws from the strengths of various Japanese classical acupuncture practices and the Chinese classics; *Su Wen*, *Ling Shu*, and *Nang Jing*.

Life-style Hari study develops the practitioner's awareness in the *Kū*(emptiness)---*Mū* (void) and high dimensional quality of Ki.

GOAL AND TOPICS

We practice an art of Japanese meridian therapy.

- ◇ Determining the Primary and Secondary SHO (Treatment Strategy with Pattern of Imbalance)
- ◇ Point selection, based on Nanjing Chp. 68, 69, 75.
- ◇ Pulse quality and comparative diagnosis in Six Positions
- ◇ Oshide/Sashide, Body and Spiritual posture

Diagnostic process and treatment in Hari focuses on:

Three dimensional steps to assess the SHO.

1. Intuitive (SHO in Kototama=Shin/Shen) Seventh-Dimension.
2. TJM (E-Ki flow-change in the meridians) Sixth-D.
3. TCM (Ki in the physical body) Fifth-D.

Emphasizing pulse and superficial skin palpation diagnosis as well as clairvoyance through your hands and in your meditative state of mind. With Teishin (UTT) we learn and practice live point location and finding "volcano points". We refine our Ki diagnosis skills.

Hara diagnosis/ Abdominal Ki diagnosis

Hari Treatment with Futomani-Shinpo

Simplified Teishin (UUT w/non-insertion) methods: *Ho*, *Sha*, *Ho-chu-no-sha*, and *Waho*, as well as *O-Kyu* (moxa). We will refine our Feeling of the obtaining, "Ki arrival" (*Kuni-Umi*) and going of *Ki* while focusing on the liberation of the *Ja-Ki* (*Misogi*).

Evaluation of the treatment in the pulse:

The evaluation in Hari centers on the *E-Ki* changes in Aha-mation (telepathic intuition) and feedback from changes in the patient's and/or practitioner's pulse to monitor the before, during, and after of the treatment.

Advanced Hari and Extra Ordinary Vessel treatments from Miyawaki Sensei in April. 2017.

- A) Abdominal Ki dx. for EV. tx. with super 4 channels.
- B) SHO determination for Root from EV dx. and tx.
- C) Re-discovery of the Ki phenomena in the Hari, and usage of the extra super points in each SHO.

QUALITY AND POWER OF the HARI

Ki & Breathing exercises in Kototama Meditation. Power Ki up w/ Aikido and Kototama.

We practice Hari in meditative stage with Kototama words to heighten the quality of Ki, and power up through breathing exercises.

HARI CLINIC

The last Saturday afternoon of the Hari Program will be the Student Hari Clinic. You will be the chief Hari therapist in the room with Mr. Kuwahara's support.

WHO YOU WILL STUDY WITH

Instructor: Mr. Kuwahara, a visiting professor and preceptor from Japan graduated from the Tokyo Therapeutic Institute in 1979. He researched and practiced meridian therapy for 15 years after graduating from TTI as a live-in apprentice under Kodo Fukushima, renowned master and developer of the Toyo Hari. He has continued to develop the Hari (Ancient five phases, Kototama) style of acupuncture that draws from various systems practiced by his teachers: Sensei Masamichi Shimada (Kototama), T. Shiomi, M. Ikeda, D. Shudo (Meridian therapy), K. Kudo (Bloodletting), M. Tanioka (Pediatrics), and M. Nakagawa (Shinkiko/Ki-Gong). He has studied Aikido and Iaido for 45 years. He is an assistant professor at NESA and has been instructing at the Post-graduate level for the last 30 years. Mr. Kuwahara maintains a private practice in Watertown, MA.

SCHEDULE:

1) October 1-2, 2016

Introduction to Hari: Definition, Characteristics 1, 2, 3 and Kototama.
 Tonification, Oshide/Sashide. Primary Diagnosis, Ki exercises and Ki feedback methods by pulse
 Classification of basic needling technique (Futomani Shinpo).
 Pulse diagnosis: Finding the middle/stomach Ki pulse and determining yin/yang pulses

2) November 5-6, 2016

Selection of the primary and secondary SHO with Principles of Treatment with Cold and Heat
 Hara Diagnosis, Tonification Technique: Depth, Ki arrival and Obtaining Ki.
 Dispersion techniques: Fu, Gen and Ken/Ko techniques. Jaki/Seiki, Sesshin

3) December 3-4, 2016

Waho harmonizing technique and more practice Kototama (the power of undulation/word)
 Point Selection and Treatment Side. More detailed 6-comparative Pulse Diagnosis

4) February 4-5, 2017

Yu Sha Needling Technique. Materials and Methods and Sanshin techniques
 Touch Diagnosis to Determine Proper Treatment Technique. Advanced Pulse Quality Diagnosis

5) March 11-12, 2017

Whole Treatment Practice. Kigai/Ketsubon (Neck/Inguinal) and Shigo treatment,

6) April 1-2, 2017

Ki exercise and secret of Kototama. Student Clinic.
 8 Extra Vessel Treatment with Super 4 Treatment with Miyawaki sensei.
 Conclusion.