

# Hari Style of Acupuncture

Kuni-Umi, Misogi-Harai

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# Three Cornerstones of Hari Practice

- ▶ **Spiritual Medicine** (Kototama, Shinkiko)
  - *Kototama* Principle in practice
- ▶ **Meridian Medicine** (Japanese Meridian therapy)
  - Ki flow within proper posture and breath
  - Process of the creation of the physical body from spirit
- ▶ **Physical Medicine** (TCM, Biomedicine style)
  - Based on 5th dimensional understanding of body function

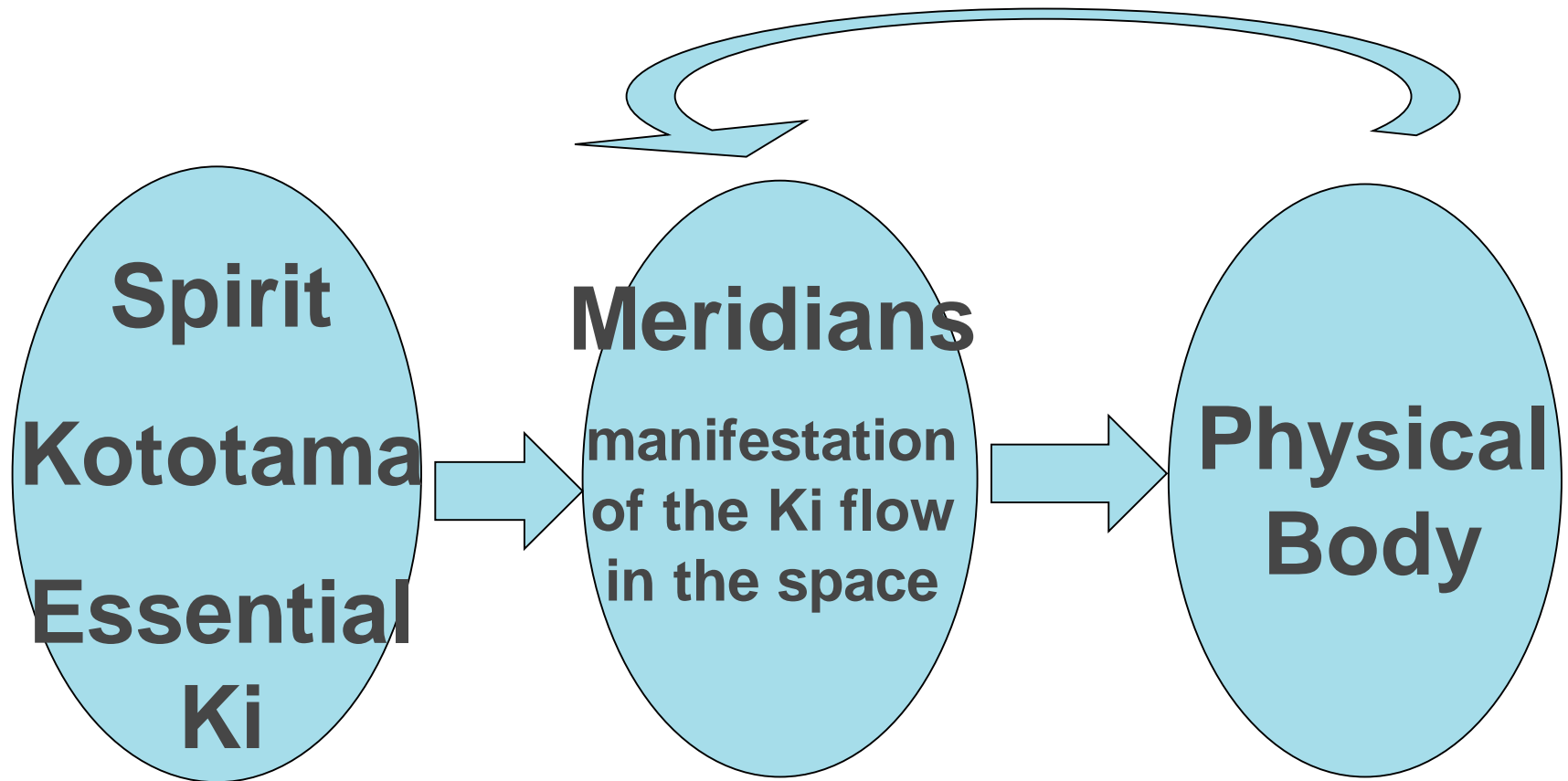
# Tonification / Kuni Umi

- ▶ **Most important practice in Hari**
- ▶ Outcome of the treatment is determined by the quality of Ki during tonification.
- ▶ Without proper tonification, no dispersal techniques will work, either.
- ▶ Tonification does not just stop in the treatment room. In treating the client, we effect the entire universe because we are all part of the universe.
- ▶ Takamaharanayasa is creation of E-dimensional sounds.
- ▶ Bring the image of someone, when it shows up. Always within the wholeness, you can connect to their actual body. Always go back to the wholeness to share the space (Love).

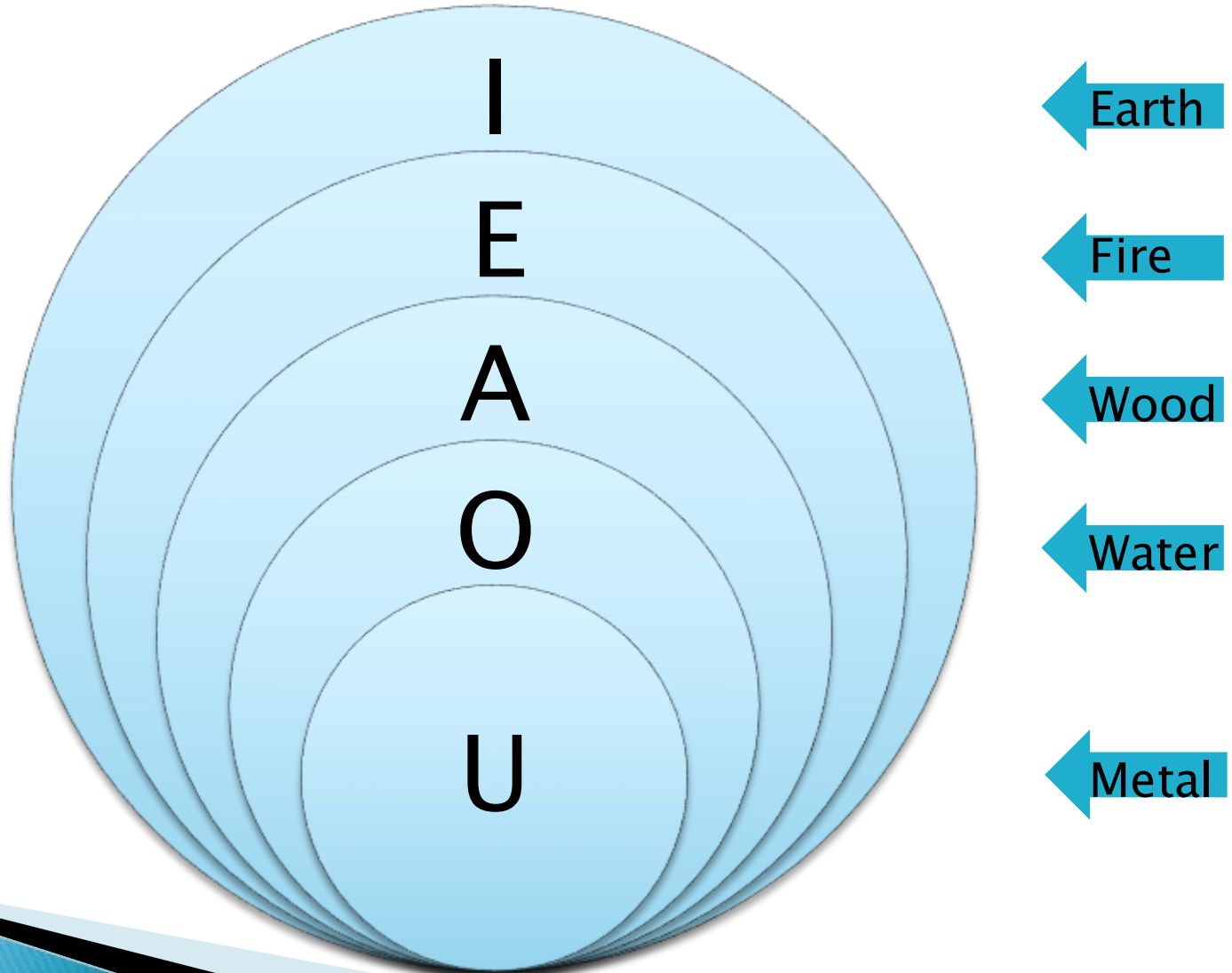
# Hari treatment for Deficiency of Essential Ki

- ▶ The five organs are in charge of storing the essence, which should not be injured. If the essence is injured, the [body's] defenses will be lost, resulting in yin deficiency. (*Ling Shu*, chapter 8)
- ▶ As is understood from the above quotations, disease stems from deficiency of essential Ki (I-dimensional) of the five organs.
- ▶ Essential ki ( I-dimensional)

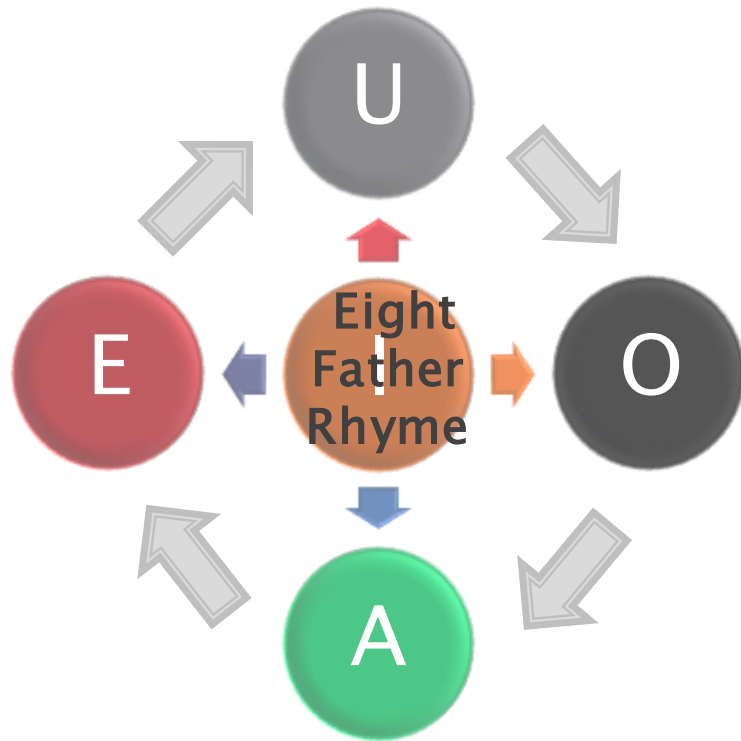
# Spirit/Kototama, Ki, Physical Body



# An order of Generating



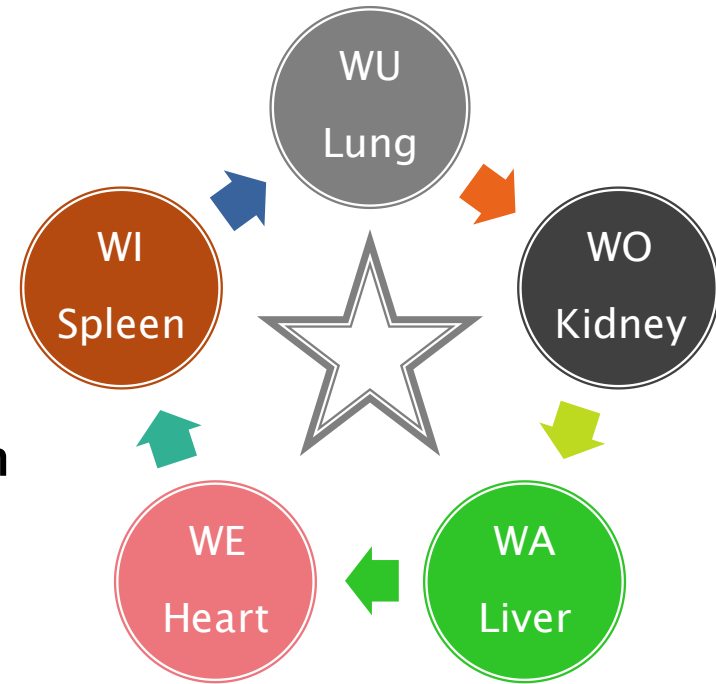
# Five element and Kototama



**Congenital Structure**  
**Mother Sound**  
 + Eight father Ki rhyme

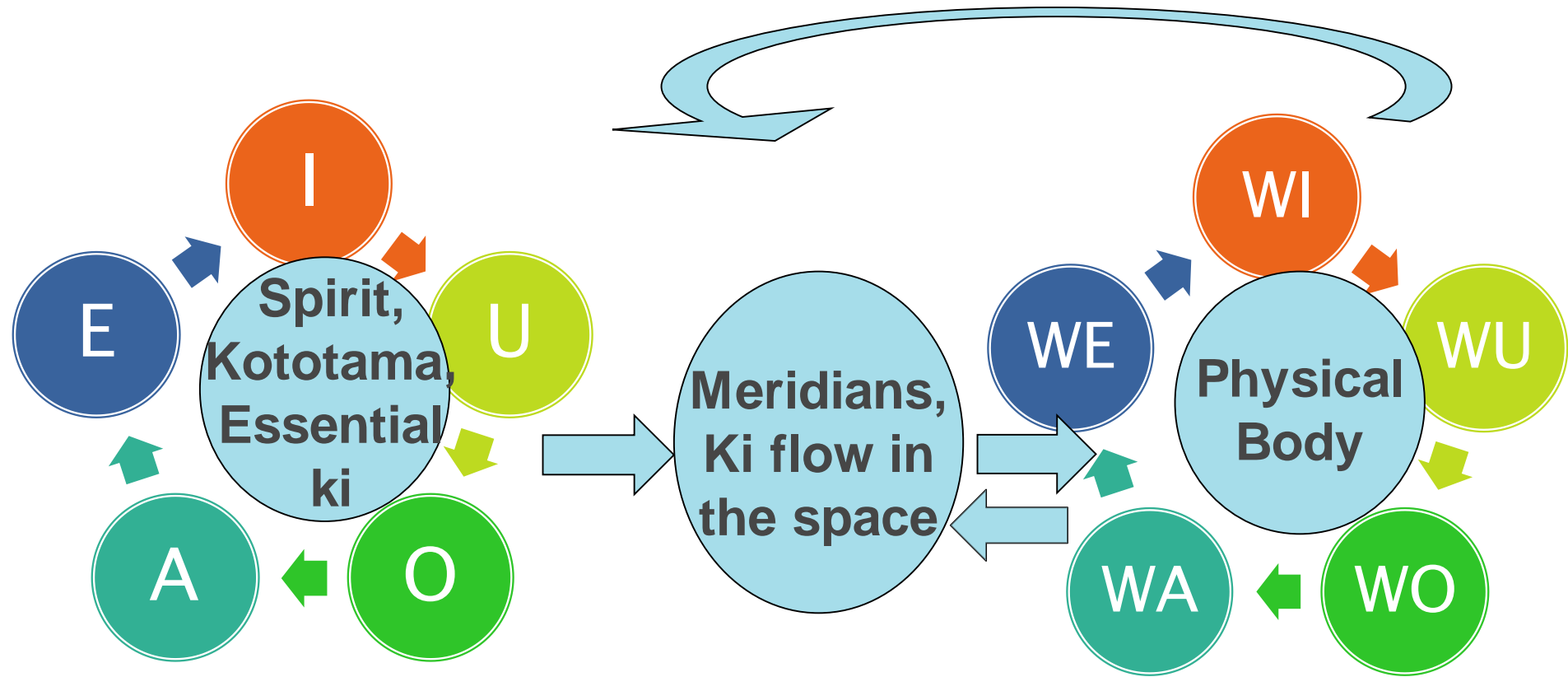
**KI**  
 in the Meridian

32 Child Sound



**Acquired Structure**

# Spirit/Kototama, Ki , Physical Body



The universe of congenital structure

Mother sound

+ (I) Eight father Ki rhyme

32 Child Sound

Acquired Structure



# Tree of Life–Tree of the Knowledge

		Yin Ki				Yang Ki				
Tree of the Knowledge	Wa LR/GB	GB meridian				LR meridian				A
	Wo KD/BL	BL meridian				KD meridian				O
	Wu LU/LI	LI meridian				LU meridian				U
	We HT/SI	SI meridian				HT meridian				E
	Wi SP/S T	ST meridian				SP meridian				I
	S	Y	N	R	H	M	K	T		
	Tree of Life									

# Tree of Life–Tree of the Knowledge

Tree of the Knowledge	Objective appearance on the society		Subject							
	Wa LR/GB	Art, Religion	Emotion	Wood	A					
	Wo KD/BL	Studies Science	Empirical knowledge	Water	O					
	Wu LU/LI	Industry Economy	Desire on five senses	Metal	U					
	We HT/SI	Political Morality	Practical Wisdom of Selection	Fire	E					
	Wi SP/ ST	Space Creation Will (Activate other four mother sound with eight father rhyme)		Earth	I					
		S	Y	N	R	H	M	K	T	Tree of Life

# 天津菅麻 Amatsu-Sugaso I-Earth(Kami/Shen)

Free undulation: (Support the liberty of doing as one likes.)

W	N	R	M	Y	H	S	K	T	
WA									A
WO									O
WU									U
WE									E
Wi	Ni	Ri	Mi	Yi	Hi	Si	Ki	Ti	I



宝 Takara Onzu

A-Wood

W	M	Y	N	S	H	R	K	T	
Wi	Mi	Yi	Ni	Si	Hi	Ri	Ki	Ti	I
WE									E
WA	Ma	Ya	Na	Sa	Ha	Ra	Ka	Ta	A
WO									O
WU									U



赤珠 Akatama Onzu

O-Water

W	R	Y	N	S	H	M	T	K	
WA	Ra	Ya	Na	Sa	Ha	Ma	Ta	Ka	A
WI									I
WO	Ro	Yo	No	So	Ho	Mo	To	Ko	O
WE									E
WU									U



# 天津金木 Amatsu-Kanagi U-Metal

W	R	Y	M	H	N	T	S	K	
WA	Ra	Ya	Ma	Ha	Na	Ta	Sa	Ka	A
WI									I
WU									U
WE									E
WO									O



# 天津太祝詞 Amatsu-Futonorito E-Fire

W	S	Y	N	R	H	M	K	T	
WA	Sa	Ya	Na	Ra	Ha	Ma	Ka	Ta	A
WI									I
WE	Se	Ye	Ne	Re	He	Me	Ke	Te	E
WO	So	Yo	No	Ro	Ho	Mo	Ko	To	O
WU	Su	Yu	Nu	Ru	Hu	Mu	Ku	Tu	U



# Eight Father Rhyme

TKRHSNYM\_A TKMHRNYS\_E KTMHSNYR\_O KSTNHMYR\_U

**【T】** ☀ Devotion, concentration, and focus leading to an instantaneous.

**【Y】** ★ Exploring by staying the course. Keeping the momentum by not changing the direction of the beginning

**【K】** ☀ Searching past experience; going within to find stored knowledge.

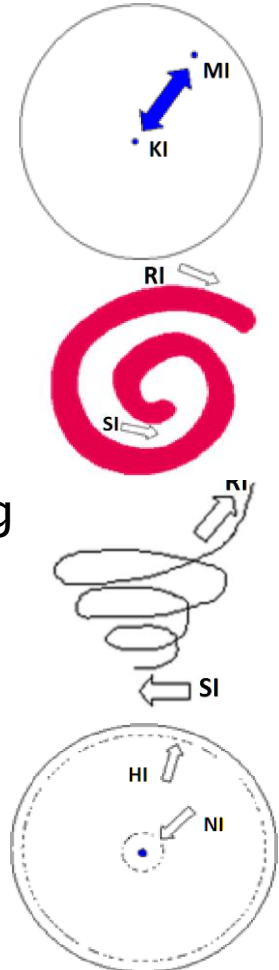
**【M】** ★ Seeking knowledge from the outside world

**【S】** ☀ The movement is of a spiral traveling in a counterclockwise direction inward. The calm coming from recognition and comprehension

**【R】** ★ The movement is of a spiral traveling in a clockwise direction outwards. Imagination. Exploration of ever-proliferating ideas

**【H】** ★ The beginning of clarity as light shows on darkness. Recognition before intellect

**【N】** ☀ Nearing the conclusion – the culmination of work. Like a pot of food, raw ingredients are becoming one dish

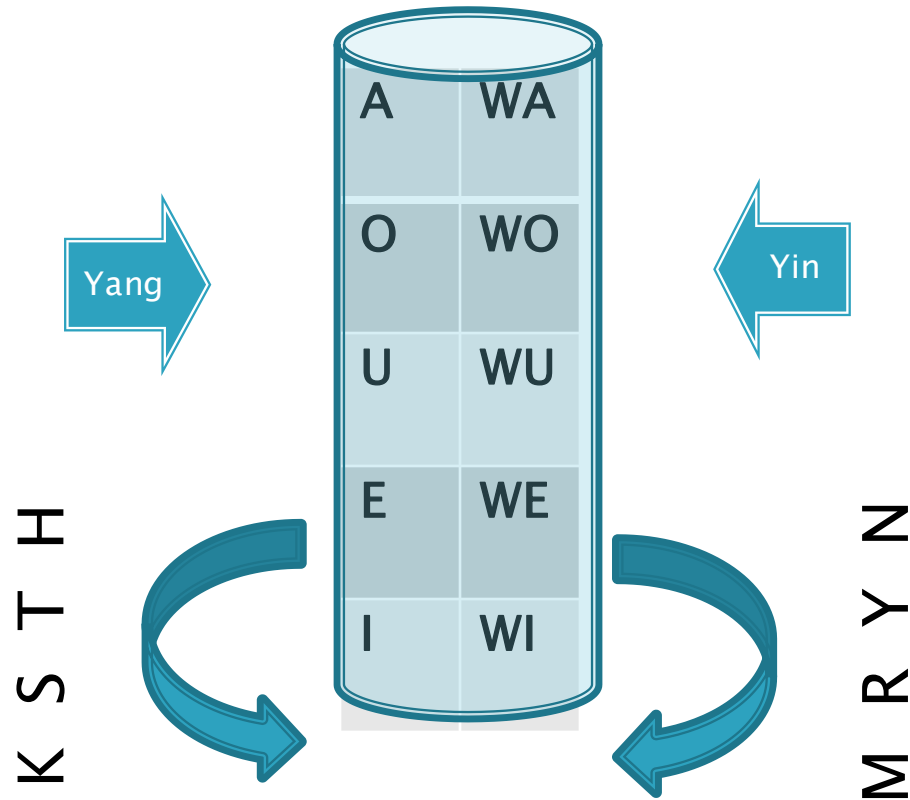




# Chin Kon Ki Shin

- ▶ Spiritual practice (lit., bringing the soul to peace and returning to God)
- ▶ FUTOMANI
  - Universal principal of the KOTOTAMA

# The pillar of the heart



# Yata no Kagami

