



Hari Core Program (3)

2018 HARI PROGRAM, BOSTON
with
Sunday: Ketsubon & Kigai Treatment

Instructor: T. Koei Kuwahara, Lic.Ac.
Organizer: Boston Hari Society
Location: CULIA KI CLINIC:
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SATURDAY, DECEMBER 15th, 2018

Subject	Practice HO and SHA: KEN and KO and WA-HO			
1:00 – 1:30 pm	HARI PROGRAM (3-1)	Kototama Chanting, Practice for concentrating one's consciousness and unifying		
1:30 – 2:00 pm		L- I	Q and A: Jaki, its effect on the pulse	
2:00 – 2:45 pm		L,P- II,I	Ho and Yusha	Point Selection
2:45 – 3:45 pm		P- II.	JITSU: Fu, Gen and Ko & Ken	Dispersion: Fu and Gen. Draining within tonification techniques (KO, KEN) / Ho technique in Kototama Meditation
3:45 – 4:30 pm		L,P- III	Wa-Ho	Wa-Ho
4:30 – 4:45 pm		Breathing Exercises and Tea Break		
4:45 – 5:00 pm		LP-IV	Gassho	Word and Ki DX. “Message from water”. /Masaru Emoto.
5:00 – 6:00 pm		P- V	Step 1,2,3.	Root treatment with Ki feedback method by pulse

SUNDAY, DECEMBER 16th, 2018

	Ketsubon & Kigai Treatment			
8:00–9:00am	HARI PROGRAM (3-2)	Gassho and Chanting and Study for KOTOTAMA		
9:00–9:45am		L.I	Ketsubon as a systemized area used to regulate the Ki of the whole body	
9:45–10:30am		L.II	Live-Pts.	Point location on Ketsubon
10:30–11:00am		P.I		Stages I, II, III. How we read correlation of Ki condition
11:00–12:00pm		P.II		Demonstration and Practice on the Ketsubon area w/(Volcano/Tornado)
12:00–1:00pm		Lunch Break		
1:00–1:30pm		L.III	Kigai: Diagnosis and treatment points on the Kigai.	
1:30–2:30pm		P.III		Demonstration and Practice on the Kigai points
2:30–2:45pm		Tea Break and Ki breathing exercise		
2:45–4:45pm		P.IV	Step 0-5	Practice Kigai: Complete Hari Root + Supplemental systems
4:45–5:00pm		Q & A		