



Hari Program (6)

2019 HARI PROGRAM, BOSTON
with
Sunday Open Hari Workshop:
SHONIHARI

Instructor: T. Koei Kuwahara, Lic.Ac.
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SATURDAY, April 13th, 2019

8:00-12:00pm	Free study: Hari Tx. Observation at CULIA with Mr. K. (for whole program student)		
1:30-2:15pm	KOTOTAMA and Ki Exercise		
2:15-3:15pm	HARI PROGRAM (6-1)	C Review for Hari tx. methods Kototama: Evaluation, research methods and Touching Dx.	Demo and practice Correct Ki, Jaki under the palm and on third eye
3:15-3:30pm		Ki Exercise	
3:30-4:30pm		C Practice Kototama Tx. tech. Ho: Sha: Ken, Ko, Waho	Kototama: Touching needle technique: Posture for spirit (sounds) and body (breath) Depth and timing for needle removal
4:30-5:50pm		P Step (0-5) +Support system	Hari whole tx. practice
5:50-6:00pm		Q and A + Closing Ceremony	

SUNDAY, April 14th, 2019

	Shonihari: Non-Insertive Pediatric Japanese Acupuncture		
8:00-8:30am	HARI (6-2) SHONIHARI	Kototama Mantra	
8:30-10:00am		L Introduction to the <i>Shonihari</i> and General knowledge. Features of the Taishi-Hari and Jakusan and Teishin needle.	
10:00-10:30am		P Model tx. with <i>Shonihari</i>	
10:30-11:30am		L Amount of stimulation according to age and their skin condition / Volcano and touch dx.	Tapping the needle head. Practice using the Taishi + Jakusan needle
11:30-12:30pm		P Practice Touch Dx. and Taishi style of Shonihari	
12:30-1:30pm		Lunch Break	
1:30-3:00pm		L Diagnosis: SHO (Hara and Pulse Dx.) and Tx. Treatment with Teishin, Enshin and Zanshin techniques	Practice Tapping/Percussion Hara Dx. and Shonihari needle technique
3:00-3:30pm		Ki breathing Ex.	
3:30-4:30pm		P Demo Tx. and practice Whole Tx.	
4:30-4:55pm		L Tips for pediatric acupuncture	
4:55-5:00pm		Q&A	