



# Hari Core Program (6)

2020 HARI PROGRAM, BOSTON

Instructor: T. Koei Kuwahara, Lic.Ac.  
(617) 926-6986(w); e-mail: [info@culia.net](mailto:info@culia.net) [www.culia.net](http://www.culia.net)

Seminar Location: CULIA KI CLINIC INC.  
25 Church St. Watertown, MA 02472 Ph:617-926-6986

SATURDAY, April 4<sup>th</sup>, 2020

8:00-12:00pm	HARI PROGRAM	Hari Free study: Observation in CULIA with Mr. K. ( for whole Hari program students)	
1:30-2:00pm		KOTOTAMA and Ki Exercise	
2:00-3:00pm		Review for Hari tx. methods Kototama: Touching Ki dx.	Demo and practice Correct Ki, Jaki under the palm and on third eye
3:00-3:30pm		Ki Exercise	
3:30-4:15pm		Practice Kototama Tx. tech. Ho: Sha: Ken, Ko, Waho	Futomani Shimpo: Posture for spirit (sounds) and body (breath) Depth and timing for needle removal
4:15-5:45pm		Step (0-5) +Support system	Hari and Kototama Practice
5:45-6:00pm		Q and A + Closing Ceremony	

SUNDAY, April 5<sup>th</sup>, 2020

	HARI : SHONISHIN	<b>Shonihari: Non-Insertive Pediatric Acupuncture</b>	
8:00-8:30am		Kototama Mantra	
8:30-10:30am		Introduction to the <i>Shonihari</i> to General knowledge of pediatric acupuncture	
10:30-11:00pm		Model treatment by Shonihari	
11:00-11:30pm		Features of the Taishi-Hari/Pediatric Acupuncture needle. Amount of stimulation according to age and their skin condition	
11:30-12:30pm		Practice using the Taishi + Jakusan needle. Tapping the needle head.	
12:30-1:30pm		Lunch Break	
1:30-3:00pm		Diagnosis: SHO determination (Hara and Pulse DX) and Treatment Treatment: basic Teishin needle techniques and Sesshin (mind state)	
3:00-3:30pm		Ki breathing Ex.	
3:30-4:30pm		Whole Treatment/ Confirmation of the root and main tx. points, Pulse dx.	
4:30-4:55pm		Tips for pediatric acupuncture	
4:55-5:00pm		Q&A	