



## 2017 HARI PROGRAM, BOSTON

# Hari Program (4)

Track 1	Subject of study
Track 2	Contents of Lecture
Track 3	Hari Practice
Track 4	Keyword and Resources

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**SATURDAY, FEBURATY 18<sup>th</sup>, 2017**

	Touch Dx to determine appropriate technique for local tx.. How to find effective points and areas; which techniques can be used for each point (Volcano/Tornado; I . II . III. ). Methods of tx. to be covered include Sanshin, Okyu, Chinetsu-Kyu.			
1:00–1:30pm	HARI PROGRAM (4)	Mantra: Hari Kototama		
1:30–2:15pm		L. I	Introduction to Touch Dx. Touch needling and Moxa.	
2:15–3:00pm		L. II	What is a Volcano/Tornado point? Its three level of skin condition and tx. methods and materials And other skin changes and MM.	with Demo
3:00–3:45pm		P. II	How do we find the Volcano and its tx. practice? (including the Moxa practice) Practice: Tanshi Techniques (Waho, Ken, Ko)	
3:45–4:00pm		Tea Break and Ki breathing		
4:00–4:45pm		L. III	Sanshin, Chinetsu-Kyu	Demo and Practice:
4:45–5:30pm		P. IV	Harmony Points	How do we find the point and its tx. techniques?
5:30–6:30pm		P. VIII	Step 0-5	Root and Local tx. and the Evaluation of treatment
4:45–6:30pm		Q&A		
Assignments		Review your notebook and handouts.		Practice: Needle and Moxibustion technique, Hara, Pulse DX, find Jaki in pulse

**SUNDAY, FEBRUARY 19<sup>th</sup>, 2017**

	Lecture/Practice on "live-point" location, Whole Hari tx. practice.		
7:00–8:30am	Gassho and Chanting and Study for KOTOTAMA		
8:30–9:00am	Tea Break		
9:00–9:30am	L I	Q&A, and clinical experience	
9:30–10:00am	L II	Live-P.	Live-Point location for Root tx. with Sesshin/Ki contact
10:00–11:15am	P I	Hari	Review: Ho (Kototama Shinpo) Waho, Ko, Ken and Sanshin
11:15–12:00pm	P II	Pulse	Practice: More detailed Pulse Quality Dx. Jaki in each section (How do we control it)
12:00–1:00pm	Lunch Break		
1:00–1:30pm	L III	Pulse diagnosis and Tx. methods. Location of abnormal pulse with Jaki	
1:30–2:30pm	P III	Model treatment and bedside lecture Touch Diagnosis to Determine Proper Treatment Technique.	
2:30–2:45pm	Tea Break and Ki breathing exercise		
2:45–4:45pm	P IV	Step 0-5	Complete Hari Root + Local treatment with Sesshin (Kototama)
4:45–5:00pm	Q & A		