



# Hari Program (4)

2018 HARI BOSTON

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## SATURDAY, JANUARY 19th, 2019

	Touch Dx to determine appropriate technique for local tx.. How to find effective points and areas; which techniques can be used for each point (Volcano/Tornado). Methods of tx. to be covered include Sanshin, Okyu, Chinetsu-Kyu.		
1:00–1:30pm	HARI PROGRAM	Mantra: Hari Kototama	
1:30–2:15pm		L. I Review from last month: <i>Ho</i> and <i>Sha</i> and Dispersion within tonification	Kototama Practice
2:15–3:00pm		L. II What is a Volcano/Tornado point? Its three level of skin condition and tx. methods	
3:00–3:45pm		P. II	How do we find the Volcano and its tx. practice? (Waho, Ken, Ko and Moxa)
3:45–4:00pm		Tea Break and Ki breathing	
4:00–4:45pm		L. III P.IV Sanshin:	Demo: Ho and Sha within Ki and Blood level How do we find the point/areas for Sanshin ? and its tx. techniques
4:45–6:00pm		P.VIII	Practice Root and Local tx. and the Evaluation of treatment
5:45–6:00pm		Q&A	

## SUNDAY, JANUARY 20th, 2019

8:00–9:00am	HARI PROGRAM	Gassho and Chanting and Study for KOTOTAMA	
9:00–10:30am		LI Understand and recognize the crucial attributes of pulse: time, seasonal influences, constitutional assessments, lifestyle, internal pernicious attacks. Also, appropriate pulse quality in 6 positions.	
10:30–12:00am		PI Pulse	Point selection and w/ adjusted needle tech. according to pulse quality dx w/ understanding of pathological effects on the pulse.
12:00–1:00pm		Lunch Break	
1:00–2:30pm		LP III Pulse: Five tastes	P: Pulse Quality Dx. with Five tastes for selection and needling on 5 phase points and feedback method.
2:30–2:45pm		Tea Break and Ki breathing exercise	
2:45–4:45pm		P IV Step 0-5	Complete Hari Root + With detailed pulse dx. Local treatment with Kototama/Futomani and Ki feedback.
4:45–5:00pm		Q & A	