



Hari Core Program (4) Austin, TX

Classical Japanese Hari Style of Acupuncture

AOMA GRADUATE SCHOOL OF INTEGRATIVE MEDICINE

Continuing Education

4701 West Gate Blvd, Austin, TX 78745)

Instructor: Takayuki Koei Kuwahara, LAc. President of the Hari Society
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TA. Instructor: Aaron Rubinstein, LAc., President of the Hill Country Hari Society
Jon Dollar LAc., Senior member of HCHS
Gabriel Govendo, LAc., CULIA Ki clinic Inc. MA

FRIDAY, August 19th, 2016

9:00 am – 9:30 am	KOTOTAMA MEDITATION			
9:30 am – 10:30 am	KOTOTAMA MEDITATION + Q and A form last month			
10:30 am – 11:30 am	HARI PROGRAM (10)	Class 1	Review from Last class EV& Shigo	Practice cross methods with EV and Shigo
11:30 am – 12:30 pm		Ki Exercise and Tea		
12:30 pm – 1:30 pm		Class 2	Over view of Hari Root and Local tx.	Practice: Hari Step (0-5) +Support system
1:30 pm – 2:30 pm		Lunch Break		
2:30 pm – 3:30 pm		Class 3	Hari technique Point selection, location	Hari and Kototama Practice: Point location
3:30 pm – 4:30 pm		Ki Exercise and Tea		
4:30 pm – 5:30 pm		Class 4	Hari Step (0-5) +Support system Depth and timing for finish	To find the most effective points and /with appropriate techniques.
5:30 pm – 6:30 pm		Q & A + Closing Ceremony		

SATURDAY, August 20th, 2016

8:00 am – 8:30 am	KOTOTAMA MEDITATION		
8:30 am – 9:00 am	Breathing (Tanden) + Ki Exercise and Tea		
9:00 am – 10:00 am	Class 5	Introduction and order of treatment for Kigai and Ketsubon Tx., Pathway, flow of channel, Symptomology.	Demo and practice
10:00 am – 10:30 am	Ki Exercise and Tea		
10:30 am – 11:00 am	Class 6	Kigai & Ketsubon	The location of the points and how find them and tx. practice
11:00 am – 11:30 am	Class 7		Touching needle technique: Insertion techniques; Stage I, II and III.
11:30 am – 12:00 pm	Lunch Break		
12:00 pm – 1:00 pm	Class 8	K. & K.	Root and K. & K. Treatment practice
1:00 pm – 1:30 pm	Ki Exercise and Tea		
1:30 pm – 2:00 pm	Class 9	Hari Step (0-5) + K. & K.	Root and Local tx. and K. & K. tx. practice
2:00 pm – 2:30 pm	Q and A		

SUNDAY, August 21th 2016

8:00 am – 8:30 am	KOTOTAMA MEDITATION		
8:30 am – 9:00 am	Ki Exercise and Tea		
9:00 am – 10:00 am	Class 10	Preparations to Student clinic	Demo tx. and discussions
10:00 am – 11:00 am	Class 11	Step (0-5) +Support system	Whole Hari practice
11:00 am – 12:00 pm	Lunch Break		
12:00 pm – 1:00 pm	CLINIC	Student Clinic	Treatment with outcome clients
1:00 pm – 1:30 pm	Class 12	Review Hari Clinic	Hari and Kototama Practice
1:30 pm – 2:00 pm	Q and A + Closing Ceremony		