



Hari Core Program (4) Austin, TX

Classical Japanese Hari Style of Acupuncture

FRIDAY, August 17th, 2018

9:00 – 9:30am	KOTOTAMA MEDITATION			
9:30 - 10:00am	KOTOTAMA MEDITATION + Q and A form last month			
10:00 - 11:00am	HARI PROGRAM (10)	C1	Review from Last class Whole Tx. Demo	Practice and Q and A
11:00 - 11:15am		Ki Exercise		
11:15 - 12:30pm		C2	What is Yusha? Point selection	Practice: Yusha (Tonification) Technique and Point location
12:30 – 1:30pm		Lunch Break		
1:30 – 3:30pm		C3	Hari technique Local tx. w/ Sanshin and touch needling on Volcano	Hari and Kototama Practice: Point location
3:30 – 3:30pm		Ki Exercise		
3:30 – 5:30pm		C4	Hari Step (0-5) +Support system	
			Depth and timing for finish	To find the most effective points and /with appropriate techniques.
5:30 – 6:00 pm		Q & A		

SATURDAY, August 18th, 2018

8:00–8:30am	KOTOTAMA MEDITATION			
8:30–9:00am	Breathing (Tanden) + Ki Exercise			
9:00–10:45am	HARI PROGRAM (11)	C5	Preparations to Student clinic	Demo tx. Process on Dx. and Order of Tx. and Finishing the Tx. and discussions
10:45-11:00am		Ki Exercise		
11:00-12:30pm		C7	Review: Step (0-5) +Support system	Whole Hari practice
				Support system and Local tx. methods
12:30–1:30pm		Lunch Break		
1:30–3:30pm		C8	Student Clinic	Whole Hari Treatment for outcome clients
3:30–5:00pm		C9	Student Clinic	Root and Local tx. practice
5:00-5:45pm			Case Study	
5:45–6:00pm		Q and A		