



Hari Core Program (3) Austin, TX

AOMA 4701 West Gate Blvd, Austin, TX 78745

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FRIDAY, JULY 20th, 2018

9:00am - 9:30am	KOTOTAMA MEDITATION + Breathing (Tanden) Ex.		
9:30am - 10:00am	Q & A and Review from last month		
10:00am - 11:15am	C 1	SHO determination 1. intuition 2. four examinations 3. +Pulse 4. EV & Shigo 5. Two type of Hara dx. 6. Ki feedback by pulse and Aha-mation.	Demo with pulse-quality dx. biofeedback method
11:15am-11:30am	Breathing Ex. and Tea		
11:30am - 12:30pm	C 2	SHO determination	Practice
12:30 pm-1:30pm	Lunch Break		
1:30pm- 2:15pm	C 3	Eight Basic pulse quality and needle technique	Tx. Practice with 8 Basic pulse-quality Dx. Step1-3
2:15pm- 3:30pm		Practice Hari tx. Step1-3	
3:30pm - 4:00pm	Breathing Ex. and Tea		
4:00pm - 6:00pm	C 4	What is and How do you use <i>Hifushin, Sanshin, Okyu, Chinetsu-Kyu.</i>	To find the most effective points or areas with appropriate techniques.

SATURDAY, JULY 21st, 2018

9:00am -10:00am	KOTOTAMA MEDITATION		
10:00am - 11:00pm	C 5	Touch and Non-touch Ki Diagnosis for local tx.: Tx. points with the Volcano points	Demo
11:00am - 11:30am	Breathing Ex. and Tea		
11:30am - 12:30pm	C 6	Volcano points 1. 2.3.	Location of the points and Needle, Lancet and Moxa
12:30pm-1:30pm	Lunch Break		
1:30pm - 3:30pm	C 7	Hari root and local tx	Tx. flow Tx. flow and practice
3:30pm - 4:00pm	Ki Exercise and Tea		
4:00pm - 5:45pm	C 8	Hari root and local tx	and Practice supplementary methods, EV, Shigo
5:45pm - 6:00pm	Q & A		

SUNDAY, JULY 22nd, 2018

8:00am – 8:30am	KOTOTAMA MEDITATION		
8:30am – 9:00am	Breathing (Tanden) + Ki Exercise and Tea		
9:00am – 11:15am	C 9	Introduction and order of Kigai and Ketsubon Tx., Pathway, flow of channel, Symptomology.	Demo and practice
11:15am-11:30Am	Ki Exercise and Tea		
11:30am - 12:30pm	C 10	Kigai Ketsubon	The location of the points and how find them and tx. practice
			Touching needle technique: Insertion techniques; Stage I, II, III.
12:30pm – 1:30pm	Lunch Break		
1:30pm – 2:30pm	C 11	K. & K.	K. & K. Treatment practice
2:30pm – 3:45pm	C 12	Hari Step 5	Step (0-5), Root and Local tx. and K. & K. tx.
3:45pm – 4:00pm	Q and A		

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