



Hari Core Program (3) Austin, TX

Classical Japanese Hari Style of Acupuncture

AOMA GRADUATE SCHOOL OF INTEGRATIVE MEDICINE
Continuing Education
 4701 West Gate Blvd, Austin, TX 78745)

Instructor: Takayuki Koei Kuwahara, Lic.Ac. President of the Hari Society
 (617) 926-6986(w): e-mail: info@culia.net www.culia.net

TA. Instructor: Aaron Rubinstein, LAc., President of the Hill Country Hari Society
 Jon Dollar LAc., Senior member of HCHS
 Gabriel Govendo, LAc., CULIA Ki clinic Inc. MA

FRIDAY, JULY 22nd, 2016

9:00 am - 9:30 am	KOTOTAMA MEDITATION + Breathing (Tanden) Ex.		
9:30 pm - 10:30 pm	Q and A form last month + Tea		
10:30 pm - 11:15 pm	Class 1	WAHO /harmonizing technique	Waho practice
11:15 am-11:30 am	Breathing Ex. and Tea		
11:30 am - 12:30 pm	Class 2	Practice Hari tx. Step1-3	Practice with Pulse-Position/ pulse-quality Dx.
12:30 pm-1:30 pm	Lunch Break		
1:30 pm - 3:30 pm		What is and How do you use <i>Hifushin, Sanshin, Okyu, Chinetsu-Kyu.</i>	Practice for local treatment
3:30 pm - 4:00 pm	Breathing Ex. and Tea		
4:00 pm - 6:00 pm	Class 3	Touch Diagnosis for local tx.: Appropriate methods and points. Focus on the Volcano points	To find the most effective points or areas with appropriate techniques.

SATURDAY, JULY 23rd, 2016

9:00 am - 9:30 am	KOTOTAMA MEDITATION		
9:30 am - 10:00 am	Breathing (Tanden) + Ki Exercise and Tea		
10:00 am - 11:00 pm	Class 1	Order of tx. for EV and Pathway, flow of channel, Symptomology and Hara Dx.	Demo and Hara Dx. Ex.
11:00 am - 11:30 am	Breathing Ex.		
11:30 am - 12:30 pm		How to use magnet and tester to apply the moxa for EV	Location of the points and Practice dx. and EV tx.
12:30 pm-1:30 pm	Lunch Break		
1:30 pm - 3:30 pm	Class 2	Shigo tx.	Treatment flow and practice
3:30 pm - 4:00 pm	Ki Exercise and Tea		
4:00 pm - 5:45 pm	Class 3	EV& Shigo	Practice cross methods with EV and Shigo
5:45 pm - 6:00 pm	Q & A		

SUNDAY, JULY 24th, 2016

8:00 am - 8:30 am	KOTOTAMA MEDITATION		
8:30 am - 9:00 am	Ki Exercise and Tea		
9:00 am - 11:00 am	Class 4	Review from last class, an ultimate constituent in Hari (finding most Df. phases)	
		EV& Shigo	Practice cross methods with EV and Shigo
11:00 am - 11:30 am	Ki Exercise and Tea		
11:30 am - 12:30 pm		Root and EV& Shigo tx.	Practice: Hari Step (0-5) +Support system
12:30 pm - 1:30 pm	Lunch Break		
1:30 pm - 2:15pm	Class 5	Hari technique Point selection, location	Hari and Kototama Practice: Point location
2:15 pm - 2:30 pm	Ki Exercise and Tea		
2:30 pm - 4:00pm	Class 6	Hari Step (0-5) +Support system and local tx.	
		Depth and timing for finish	To find the most effective points and /with appropriate techniques.
4:00 pm - 4:00 pm	Q & A + Closing Ceremony		