



# Hari Core Program (2) Austin, TX

## Classical Japanese Hari Style of Acupuncture

**AOMA GRADUATE SCHOOL OF INTEGRATIVE MEDICINE**  
**Continuing Education**  
 4701 West Gate Blvd, Austin, TX 78745)

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 Gabriel Govendo, LAc., CULIA KI CLINIC Inc. MA

**FRIDAY, JUNE 19th, 2016**

9:00 am - 10:00 am	KOTOTAMA MEDITATION + KI Ex.		
10:00 am - 10:30 am	Q and A form last month +Tea		
10:00 am - 11:45 am	<b>Class 4</b>	Abdominal dx. and Sho	Practice; Abdominal dx. Including Kuzuno dx. Points
11:45 am - 12:00 am	Ki Exercise and Tea		
12:00 pm - 12:30 pm	<b>Class 5</b>	Ki in Words and Ki Dx.	Kototama Practice
12:30 pm - 1:30pm	Lunch Break		
1:30 pm - 3:30 pm	<b>Class 6</b>	Meaning of <i>Ja-Ki</i> and <i>Seiki</i> , <i>Shaho</i> techniques * Yang, Yin disease: Cause of disease and symptoms Tonification (Ho), Dispersion (Sha) and Kototama	General draining <i>Shaho</i> : <i>Yojitsu</i> , <i>Yinjitsu</i> . Depth, Ki arrival and Obtaining Ki Checking by Ki feedback methods
3:30 pm - 4:00 pm	Kototama Exercise and Tea		
4:00 pm - 5:30 pm		Root tx. & Kototama	(Step 1.2) with Ki feedback
5:30 pm - 6:00 pm	Q & A		

**SATURDAY, JUNE 20th, 2016**

9:00 am - 10:00 am	<b>KOTOTAMA MEDITATION + Ki Ex.</b>		
10:00 am - 10:15 am	<b>Ki Practice +Tea.</b>		
10:15 am - 12:30 pm	<b>Class 1</b>	<b>Tx. point selection</b> (with <i>Nan Jing</i> chapter 49,68,69) and 75 (Blood stasis pattern)	<b>Practice find the live point</b>
12:30 pm-1:30 pm	<b>Lunch</b>		
1:30 pm - 4:00 pm	<b>Class 2</b>	<b>Hari Technique: What is Draining within</b> <b>Tonification and Tonification within</b> <b>Draining? <i>Ho-chu-no-sha</i></b>	<b>Practice for <i>Ho-chu-no-sha Ko, Ken</i></b> <b>and <i>Jin</i></b>
4:00 pm - 4:30 pm	<b>Ki Practice +Tea.</b>		
4:30 pm - 6:00 pm	<b>Class 3</b>	<b>Root tx. (Step 1.2)</b>	<b>(Step 1.2) with Ki feedback methods by pulse</b>

**SUNDAY, JUNE 19th, 2016**

9:00 am - 10:00 am	<b>KOTOTAMA Meditation + Breathing (Tanden) Ex.</b>		
10:00 am - 10:15 am	<b>Ki Exercise and Tea</b>		
10:15 am - 10:45 am	<b>Class 5</b>	<b>Hari Technique: What is <i>Yusha</i>?</b>	<b>Demo. and Practice</b>
10:45 am - 11:00 am	<b>Ki Exercise and Tea</b>		
11:00 am - 12:30 pm	<b>Class 6</b>	<b>How to detect abnormal and correct pulse?</b> (ST quality) pulse, date and season, individual, and appropriate pulse quality in positions etc.	<b>Demo. and Practice</b>
12:30 pm - 1:30 pm	<b>Lunch Break</b>		
1:30 pm - 2:30pm	<b>Class 7</b>	<b>Point selection with Five element and taste</b>	<b>Demo. and Practice</b>
2:30pm - 2:45 pm	<b>Ki Exercise and Tea</b>		
2:45 pm - 4:00 pm	<b>Class 8</b>	<b>Root tx. (Step 1.2.3)</b>	<b>(Step 1.2.3)</b> <b>with Ki feedback methods by pulse</b>
4 : 0 0 p m	<b>Q &amp; A + Closing Ceremony</b>		