



Hari Core Program (2) Austin, TX

AOMA Continuing Education 4701 West Gate Blvd, Austin, TX 78745)

Instructor: Takayuki Koei Kuwahara, Lic.Ac. President of the Hari Society
(617) 926-6986(w); e-mail: info@culia.net www.culia.net

TA. Instructor: Aaron Rubinstein, LAc., Jon Dollar LAc.,

FRIDAY, JUNE 15th, 2018

| | | |
|--------------------|---|--|
| 9:00 | KOTOTAMA MEDITATION + | |
| 10:00am | Ki Ex.: for Hari needling Posture and Breathing, Focus and Relaxation | |
| 10:30am | Q and A form last month | |
| 10:30 | Class 4 | Order of Whole Hari Tx. |
| 11:15am | | Demo: Whole Hari Tx. |
| 11:30am | Breathing Ex. and Tea Break | |
| 11:30 | Class 5 | Basic Hari needle techniques: Tonification (Ho) and Kototama |
| 11:00am 12:30pm | | Depth, Ki arrival and Obtaining Ki Checking by Ki feedback methods |
| 1:30pm | Lunch Break | |
| 2:45pm | Class 5 | Abdominal dx. and Sho, including Kuzuno dx. Points |
| 3:30pm | | Practice; Abdominal dx. Kuzuno dx. Points |
| 3:45pm | Breathing Ex. and Tea Break | |
| 3:45 | Class 6 | Root tx. & Kototama |
| 5:30pm | | Hari Treatment flow and its practice Tx. practice (Step 1.2.3) with Ki feedback |
| 6:00 pm | Q & A | |

SATURDAY, JUNE 16th, 2018

| | | |
|------------------|---|--|
| 9:00 | KOTOTAMA | |
| 10:00am | Ki Ex.: for Hari needling Posture and Breathing, Focus and Relaxation | |
| 10:30am | Q and A form yesterday | |
| 10:30 | Class 4 | Tx. point selection (with <i>Nan Jing</i> chapter 49,68,69) and 75 (Blood stasis pattern) |
| 11:30am | | Demo: and Practice find the live point |
| 11:45am | Breathing Ex. and Tea Break | |
| 11:45 | Class 5 | Waho: What is it? |
| 12:30pm | | Practice: Waho |
| 1:30pm | Lunch Break | |
| 1:30 | Class 5 | Hari Technique: What is Draining within Tonification and Tonification within Draining? <i>Ho-chu-no-sha</i> |
| 2:30pm 3:30pm | | Demo and Practice: Practice for <i>Ho-chu-no-sha</i> Ko, Ken and Jin |
| 3:45 | Breathing Ex. and Tea Break | |
| 3:45 | Class 6 | Root tx. (Step 1.2) |
| 5:30pm | | Tx. practice (Step 1.2) with Ki feedback methods by pulse |
| 6:00 pm | Q & A | |

SUNDAY, JUNE 17th, 2018

| | | |
|-----------------------------|--|--|
| 8:00 8:15am | KOTOTAMA and Ki Exercise | |
| 8:15 8:45am | Introduction to EV and Shigo An ultimate constituent in Hari (finding most Df. phases) Its secrets and effects and Cross methods with EV+ Shigo and Hari root tx. | |
| 8:45 9:45am | Class 4 | EV& Shigo and Hari root Tx. |
| | | Demo: Cross methods with EV and Shigo |
| 9:45 10:00am | Breathing Ex. and Tea Break | |
| 10:00 11:00am 12:00pm | Class 5 | Order of EV Tx. Pathway, Symptomology and Hara Dx. and How to use magnet tester and moxa |
| | | Demo and Practice: Hara Dx. EV Dx., point location and EV tx. |
| 12:00 1:00pm | Lunch Break | |
| 1:00 | Class 5 | Shigo Tx. Its mechanisms and Practice: Point selection and Gold needle Technique. |
| 1:30pm 2:30pm | | Demo and Practice: to find the most effective points and /with appropriate techniques. and Shigo Tx. |
| 2:30 4:00pm | Class 6 | EV& Shigo and Hari root Tx. Whole Hari Treatment flow and its practice |
| | | Tx. practice |
| 4:00 pm | Q & A | |