



# Hari Core Program (2) Austin, TX

AOMA Continuing Education 4701 West Gate Blvd, Austin, TX 78745)

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## FRIDAY, JUNE 15th, 2018

9:00	KOTOTAMA MEDITATION +	
10:00am	Ki Ex.: for Hari needling Posture and Breathing, Focus and Relaxation	
10:30am	Q and A form last month	
10:30	Class 4	Order of Whole Hari Tx.
11:15am		Demo: Whole Hari Tx.
11:30am	Breathing Ex. and Tea Break	
11:30	Class 5	Basic Hari needle techniques: Tonification (Ho) and Kototama
11:00am 12:30pm		Depth, Ki arrival and Obtaining Ki Checking by Ki feedback methods
1:30pm	Lunch Break	
2:45pm	Class 5	Abdominal dx. and Sho, including Kuzuno dx. Points
3:30pm		Practice; Abdominal dx. Kuzuno dx. Points
3:45pm	Breathing Ex. and Tea Break	
3:45	Class 6	Root tx. & Kototama
5:30pm		Hari Treatment flow and its practice Tx. practice (Step 1.2.3) with Ki feedback
6:00 pm	Q & A	

## SATURDAY, JUNE 16th, 2018

9:00	KOTOTAMA	
10:00am	Ki Ex.: for Hari needling Posture and Breathing, Focus and Relaxation	
10:30am	Q and A form yesterday	
10:30	Class 4	Tx. point selection (with <i>Nan Jing</i> chapter 49,68,69) and 75 (Blood stasis pattern)
11:30am		Demo: and Practice find the live point
11:45am	Breathing Ex. and Tea Break	
11:45	Class 5	Waho: What is it?
12:30pm		Practice: Waho
1:30pm	Lunch Break	
1:30	Class 5	Hari Technique: What is Draining within Tonification and Tonification within Draining? <i>Ho-chu-no-sha</i>
2:30pm 3:30pm		Demo and Practice: Practice for <i>Ho-chu-no-sha</i> Ko, Ken and Jin
3:45	Breathing Ex. and Tea Break	
3:45	Class 6	Root tx. (Step 1.2)
5:30pm		Tx. practice (Step 1.2) with Ki feedback methods by pulse
6:00 pm	Q & A	

SUNDAY, JUNE 17th, 2018

8:00 8:15am	<b>KOTOTAMA and Ki Exercise</b>	
8:15 8:45am	<b>Introduction to EV and Shigo</b> An ultimate constituent in Hari (finding most Df. phases) Its secrets and effects and Cross methods with EV+ Shigo and Hari root tx.	
8:45 9:45am	<b>HARI PROGRAM (6)</b>	<b>Class 4</b> EV& Shigo and Hari root Tx.
		Demo: Cross methods with EV and Shigo
9:45 10:00am	Breathing Ex. and Tea Break	
10:00 11:00am 12:00pm	<b>HARI PROGRAM (6)</b>	<b>Class 5</b> Order of EV Tx. Pathway, Symptomology and Hara Dx. and How to use magnet tester and moxa
		Demo and Practice: Hara Dx. EV Dx., point location and EV tx.
12:00 1:00pm	Lunch Break	
1:00 1:30pm 2:30pm	<b>HARI PROGRAM (6)</b>	<b>Class 5</b> Shigo Tx. Its mechanisms and Practice: Point selection and Gold needle Technique.
		Demo and Practice: to find the most effective points and /with appropriate techniques. and Shigo Tx.
2:30 4:00pm	<b>HARI PROGRAM (6)</b>	<b>Class 6</b> EV& Shigo and Hari root Tx. Whole Hari Treatment flow and its practice
		Tx. practice
4:00 pm	Q & A	