



Hari Core Program (1) 2018 PROGRAM, BOSTON

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Seminar Location: CULIA KI CLINIC INC.

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SATURDAY, 20th OCTOBER 2018

8:00 am – 12:00 pm	Free Hari study by observation in CULIA with Mr. K. (for whole Hari program student)				
1:00 pm – 1:30 pm	HARI PROGRAM (1)	Gassho Ceremony Introduction to the complete Hari system (Hari step 0-5)			
1:30 pm – 3:00 pm		Class 1	* Hari, Definition, Characteristics 1, 2, 3 * SHO and Root treatment, Local treatment * Spirit, Ki (mind), Physical Body and Hari Kototama * Yin/Yang, five phases and Meridian * Classification of basic needling technique * Ki feedback methods by pulse		
3:00 pm-3:30 pm		Ki and Breathing practice			
3:30 pm - 4:30 pm		Class 2	Steps to form the primary SHO with Principles of Treatment	Model diagnosis	
4:30 pm-5:15 pm		Class 3	Complete Hari system Step 0-5	Model treatment	from Mr. K
5:15 pm – 6:00 pm		Class 4	Finding the middle/stomach Ki pulse and determining yin/yang pulses.	Pulse Dx. and Q & A	

SUNDAY, 21th OCTOBER 2018

8:00 am – 8:30 am	KOTOTAMA MEDITATION + KI PRACTICE							
8:30 am -10:00 am	HARI PROGRAM (1)	Class 5	* Causes of diseases (Yin and Yang disease) and symptoms * Seiki and Jaki, Kyo and Jitsu (Oki-jitsu and Jaki-jitsu) * Difference in the Generation Mechanism of Cold and Heat					
10:00 am - 10:30 am		Class 6	Basic pulse quality and Six-position comparative pulse dx.					
10:30 am - 10:45 am		Ki and Breathing practice						
10:45 am - 12:00 pm		Class 7	Primary SHO	Ki feedback methods by pulse Form the primary SHO w/ Basic pulse Dx.				
12:00 pm – 1:00 pm		Lunch Break						
1:00 pm – 2:00pm		Class 8	Futomani Shinpo: Quality Ki and (Body/Mind Posture)					
2:00 pm – 2:30 pm		Ki Practice (Tree Ki Ex.)						
2:30 pm – 3:30pm		Class 9	Hari Basic Technique (Ho) Oshide, Sashide and DEMO					
3:30 pm – 4:45pm				Needling practice with UTT on Primary SHO points				
4:45 pm – 5:00 pm		Q & A + Closing Ceremony						