



Welcome to CULIA!

At CULIA, we practice a style of Classical Acupuncture called Hari medicine. This approach to Japanese Meridian Therapy is rooted in the principles of Ancient Kototama and the practice of Shinkiko (energy therapy). Within a state of ZEN, we offer you our peaceful space to provide quality hands-on care. Hari is a holistic, personalized medicine based on modern and traditional medical science. Utilizing symptomology, empirical knowledge, and the sense known as intuition, Hari facilitates the healing of the self by the self by reintroducing the body to the flow of nature. When we are attuned in this way, we heal ourselves naturally. Consequently, our innate wisdom is restored and joy, hope, and love can enter the moment.

HOW DOES IT WORK ?



Character for Ki

Through the Hari session, dignity and harmony will return back to our Ki - our life force.

What is the life force?

It is our Will and Love that is reason for living and give us space, time. It is our connection to others and to the whole universe.

When Ki flows freely through the Meridians - the flow of change in the moment, space, and connection - the body is balanced and healthy. If Ki becomes blocked, stagnated, or weak, it can cause physical, mental or emotional disorders. Through the Futomani Shinpo session of acupuncture points, Hari engenders harmonious vibration through the meridians, balancing the body's energy and restoring its natural ability to attune itself. As a result, the body becomes an environment in which disease can no longer grow.

HARI SESSIONS

In addition to interview and observation, with pulse, abdominal and surface of the skin palpation we diagnose the condition of the patient, determine the SHO (pattern of imbalance), treat accordingly, and evaluate the effects. The methods used in Hari are gentle yet extremely effective. We use contact-needling and superficial needle insertion; both techniques are non-invasive and painless. Superfine gold, silver and stainless needles are used. Sometimes herbal cones of Moxa (mugwort) are used to warm the points as a heat therapy. The sessions are quiet and meditative. We believe human (sprit/mind and body) growth and healing occur in a deep meditative state. You may realize you have tension you can let go of or you may experience a gentle shift in consciousness during the session.

FACIAL ACUPUNCTURE



Facial Rejuvenation with Hari treats the whole body but specifically addresses the health and tone of the face. This, in turn, brings positive effects to the way you look as well as to the way you feel. The combination of facial

Acupuncture and Shinkiko aroma therapy massage promotes anti-aging effects and encourages a state of deep relaxation.

CHILDREN

Shoni-Hari, or Pediatric Acupuncture, is a highly regarded Japanese medical treatment for newborns and children. For acute and chronic cases, as well as preventative medicine, it is a safe and gentle practice that does not penetrate the skin. We use special pediatric Hari tools with which we lightly stroke or touch acupuncture points and meridians of the patient.

Shonihari helps strengthen the parent-child relationship and improve the spiritual and emotional development and growth of the child.

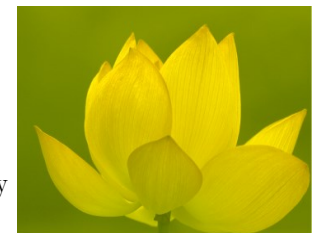


SHINKIKO - Cosmic Healing Ki

This method uses laying-on-of-hands with specific words or Ki-energized goods to convert the wavelength of the cosmic healing energy into the waves that humans can smoothly absorb. This method is called "Kototama" method, Shinkiko, or Spiritual Kiko. We also use a "High Genki" Apparatus, which transmits the cosmic healing Ki. This device helps to take in this steady healing Energy with ease.

WHAT DOES ACUPUNCTURE SUPPORT THE HEALING OF ?

- Arthritis
- Bursitis
- Headaches
- Chronic Pain
- Sports Injuries
- Insomnia
- Asthma
- Allergies
- Anxiety
- Depression
- Behavioral Disorders
- Auto-immune Disorders
- Back, Shoulder, Joints Aches
- Irritable Bowel Syndrome
- Psychosomatic Diseases
- Addictions: Alcoholism, Smoking, Eating Disorders
- Skin Disorders
- Chronic Fatigue
- Hypertension
- Post-surgical Pain
- PMS
- Menopause
- Support for fertility and many more.



If you have any questions or concerns on your conditions, please feel to ask Mr. Kuwahara.