

HARI PROGRAM IN BOSTON 2019-2020

Six-Weekend Certified Program

Japanese Classical Hari style of Acupuncture

Core Fundamentals and Advanced supplementary systems

PLACE: CULIA KI CLINIC INC. 25 Church St. Watertown MA 02472 617-926-6986

CHIEF INSTRUCTOR: Takayuki Koei Kuwahara L.Ac., President of the Hari Society

INSTRUCTOR: Grayson Wood, D. Ac., President of the Boston Hari Society

CEU: 13.5(h) per weekend as planning

Whole Hari Program: Six-Weekend including Sunday advanced workshops

“Introduction to HARI” Special weekend workshop:

The first weekend of the Hari Program, “Introduction to Hari,” may be taken without commitment to the entire 6-month series.

DATE AND TIME: 2019-2020

SATURDAYS: 1:30PM-6:00 PM

SUNDAYS: 8:00AM-5:00 PM

(Optional: Kototama meditation and Ki ex.)

6:30AM-7:30 AM

1. November 9, 10 2019
2. December 7, 8
3. January 18, 19
4. February 8, 9 2020
5. March 7, 8,
6. April 4, 5

We are very pleased to have you over for the Core Hari Program with and Advanced supplementary clinical systems 2019-2020 in Boston. Along with instruction in the essence of Hari. Sensei Kuwahara will divulge new facets of this ever-evolving life medicine.

HARI works within the heart of East Asian ancient medical systems, Kototama.

Its theoretical foundation is based in the Five phase/dimensional model derived from the Japanese classics *Koji-ki and Nihon-Shoki* and grounds itself clinically with Ki (E-Ki) evaluation Pulse dx. methods. The Hari whole system has a flexible approach to local treatment which draws from the strengths of various Japanese classical acupuncture practices and the Chinese classics *Su Wen, Ling Shu, and Nang Jing*.

Study and practice of Life-style Hari develops the practitioner’s awareness in the meditative stage that is Kū 空---Mu 無 and high dimensional quality of Ki.

GOAL AND TOPICS OF HARI PROGRAM

Essence of Hari Practice are (Ho) and (Sha) :

Know oneself for the beginning of the universe (Ho/Tonification) and How to tune up our Rhythm (Sha/Dispersion).

Diagnostic process and Treatment in updated Hari focuses on:

- a) Three dimensional steps to assess the SHO (Pattern of Unbalance and Treatment Strategy).
 1. Intuitive (Kototama=Shin and SHO) Intuitive-Dimension.
 2. Japanese Meridian therapy (E-ki flow-change in the meridians) Sixth sense-D.
 3. Traditional Chinese Medicine (Ki in the physical body) Fifth sense -D.
- b) Emphasizing pulse and superficial skin palpation dx. as well as
- c) clairvoyance through your hands and in your meditative state of mind.
- d) With Teishin (Ultra-Thin Teishin) Futomani method.
- e) We refine our palpation and Ki diagnosis skills, learn and practice live point location and finding
- f) “Volcano points” and Hara Ki dx.

Hari Treatment with Futomani-Shinpo.

- g) Simplified Teishin (UTT/NON-insertion) methods: Ho, Ho-chu-no-Sha, Yusha, Waho and O-Kyu
- h) We will refine our Feeling of the obtaining, coming and going of Ki, while focusing on “Ki arrival”,
- i) the liberation of Ja-Ki, and Long Distance tx. method (*Shinkiko*).

Ki feedback methods: Evaluation of the tx.

- j) The evaluation system centers on the E-Ki changes in Aha-mat (telepathic intuition).
- k) Feedback from changes in patient's and/or practitioner's pulse to monitor the before, during, and after treatment.

Advanced Techniques

- A) Abdominal Ki Dx by area and points on the Hara
- B) SHO determination for Root with SHIGO, Extra Vessel system.
- C) Easy and quick Hara dx, the re-discovery of the HT SHO, and usage of the HT channel for SP SHO.

We brush up on our original Japanese meridian therapy work

- ✧ Determining the Primary and Secondary SHO (Pattern of Unbalance and Treatment Strategy)
- ✧ Point selection, based on Nanjing Ch. 68, 69, 75
- ✧ Pulse quality dx. in Six Positions
- ✧ Oshide/Sashide, Body and Spiritual posture

QUALITY AND POWER UP OF the HARI

Ki & Breathing Exercises in Kototama Meditation

We practice Hari in meditative stage with Kototama words to heighten the quality of our Ki, and power up through breathing exercises.

CLASS SIZE

A large portion of the program is dedicated to hands on training and telepathic intuition feedback. This is the key to really learning Hari and producing results in our lives.

Class size will be limited (**only eight students**) to ensure proper supervision. Therefore, early registration with full payment is advised, submitted to the host office of the program.

HARI CLINIC

Hari students will have the option to observe Mr. K's treatments on Saturday morning. It is CULIA CLINIC practice as an additional free educational experience.

SUNDAYS WORKSHOP, Advanced supplementary system in HARI

1) Dec. 8th Extraordinary vessel tx. and Shigo methods

Class support your clinical performance. It is super. It brings up quick effect for their excess symptoms (like as pain) with easy methods and to support main systems, meridian therapy.

2) Jan. 19th Kigai and Ketsubon tx.

It is a microacupuncture dx. and tx. system based on harmonizing the body's dysfunction through Ho and Sha Hari method of definite points on the area Kigai (ST29-30) and Ketsubon (ST10-11).

3) Feb. 9th Advanced pulse quality diagnoses

It helps your accurate diagnoses their conditions through in-detailed reading in pulse quality in the six (and Yin-Yang) pulse position.

Location and processes of illness and ideas How we can help.

4) March 8th Bloodletting and Cupping methods

It's a superior ancient acu-method based tx. on Blood stasis (excess and deficient) conditions. You will master modern (clean and safe manner) style of super methods for your clinic.

5) April 5th Shonihari

This workshop is ideal practitioners looking to work with in a gentler manner for children, with a focus on non-insertive techniques. Although the techniques are designed for pediatric patients, the techniques can be used on anyone. You will learn new skills that can be immediately applied into your clinical practice.

WHO YOU WILL STUDY WITH, **Takayuki Koei Kuwahara, Lic. Ac.**

Mr. Kuwahara has been practicing Acupuncture for forty years in Boston MA and Japan After graduating from Tokyo Therapeutic Institute in 1979, he went on to complete an intensive live-in five-year apprenticeship with Fukushima Kodo, renowned practitioner and developer of the Toyo Hari system of acupuncture. Having taught for the Toyo Hari Association for 15 years with Kodo sensei, Mr. Kuwahara now teaches his unique (Hari) style of acupuncture that draws from the various systems practiced by his teachers: Sensei Masamichi Shimada (Kototama), Tetsuo Shiomi, Masakazu Ikeda, Denmei Shudo (Meridian therapy), Kunsei Kudo (Bloodletting), Masanori Tanioka (Pediatrics), and Masato Nakagawa (Shinkiko/ Ki-Gong). Since visiting NESAs as a guest instructor in 1991, he has taught several JAS courses as well as continuing education programs in many parts of the world. He is the editor of Traditional Japanese Acupuncture –Fundamentals of Meridian Therapy, a comprehensive JMT textbook, and of numerous acupuncture articles. He has practiced Aikido and Iaido for 45 years and lives in Watertown, MA, where he maintains a private practice.

OFFICE AND REGISTRATION

Deadline: Application submission and payment for the entire program is due **November 9th, 2019.**

Deposit: \$200.00 (**NO REFUND) will reserve your seat.

Tuition: **Whole Six-Weekend Program** \$1800.00 for Acu-student, \$2100.00 for others.
Re-take: ½ - off tuition, (for current Hari Society members)

Intro. Introduction to HARI (with no commitment to take the whole series):
\$325.00 for Acu-students, \$385.00 for professionals.

Contact: President of the Boston Hari Society: **Grayson Wood, D. Ac.,**
(401) 829-2223 Grayson@ShiningSea-Acupuncture.com

Payment: Please make checks payable to “Boston Hari Society” and mail to Boston Hari Society, c/o Grayson Wood, P.O. Box 461 Saunterstown, RI 02874
Please indicate "Hari Program 2019" on the note area of your check.
Or call: Sam Wuest, BHS Treasure, at **(508) 904-2566**, to pay with credit card (add 3.5% for credit card fee)

Cancelations:

*** **A written cancelation** made up before the Deadline will result in a full refund, less a \$25 processing fee

*** **NO REFUNDS ON CANCELLATIONS MADE AFTER DEADLINE DAY NOTICE.**

Those enrolled in the full program are responsible for the entire tuition regardless of attendance or completion.