

HARI PROGRAM IN BOSTON 2018-2019

Six-Weekend Certified Program

Japanese Classical Acupuncture

Core Fundamental and Advanced supplementary clinical systems

PLACE: CULIA KI CLINIC INC. 25 Church St. Watertown MA 02472 617-926-6986

CHIEF INSTRUCTOR: Takayuki Koei Kuwahara L.Ac., President of the Hari Society

HARI works within the heart of Japanese ancient medical systems, Kototama.

Its theoretical foundation is based in the Five phase/dimensional model derived from the Japanese classics

Koji-ki and Nihon-Shoki and grounds itself clinically with Ki (E-Ki) evaluation Pulse dx. methods. The

Hari system has a flexible approach to local treatment which draws from the strengths of various Japanese

classical acupuncture practices and the Chinese classics *Su Wen, Ling Shu, and Nang Jing*.

Life-style Hari study develops the practitioner's awareness in the meditative stage that is Kū 空---Mu 無 and high dimensional quality of Ki.

Three NCCAOM-approved course options:

(Option 1): Whole Core Fundamentals Hari Series – learn the entire scope of Hari medicine in six weekend modules. Saturdays focus on Root treatment and Kototama. Sundays focus on supplemental and advanced treatment modalities incorporated into Hari medicine.

*Those who graduate the Whole Core Fundamentals series become Hari Society members and are eligible to join any Hari Society chapter. Graduates also are granted one year's free membership in the Hari Society Boston chapter (see member benefits at bottom of this document)

(Option 2): Introduction to Hari – learn the basic philosophy and methodology of Hari medicine - with no commitment to attend the entire series, with the option of continuing

(Option 3): Sundays taken individually – each Sunday can be taken as a separate module and features a supplemental modality used within Hari medicine. Practitioners not familiar with Japanese Meridian Therapy will find these supplementary systems accessible and be able to take techniques learned back to their practice.

Whole Program (Option 1): Six-Weekends including Sunday advanced supplementary clinical systems workshops.

DATE AND TIME: 2018-2019

SATURDAYS: 1:00PM-6:00 PM

SUNDAYS: 8:00AM-5:00 PM

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| (1-1) | October | 20, 21 2018 |
| (1-2) | November | 17, 18 |
| (1-3) | December | 15, 16 |
| (1-4) | January | 19, 20 2019 |
| (1-5) | February | 16, 17 |
| (1-6) | March | 23, 24 |

(Option 2):“Introduction to HARI”

The first weekend seminar, “Introduction to Hari,” may be taken without commitment to the entire 6-month series.

We are very pleased to have you over for the Core Fundamental Hari Program with Advanced supplementary clinical systems 2018-2019 in Boston. Along with instruction in the fundamental essence of Hari, Sensei Kuwahara will be divulging new facets of this ever-evolving life medicine.

GOAL AND TOPICS OF FUNDAMENTAL HARI PROGRAM

Essence of Hari Practice:

Know oneself for the beginning of the universe (**Ho**/Tonification) and How to tune up our Rhythm (**Sha**/Dispersion).

Diagnostic process and Treatment in updated Hari focuses on:

Three dimensional steps to assess the SHO (Pattern of Unbalance and Treatment Strategy).

1. Intuitive (focus on Kototama=Shin/Kami and SHO)
2. Traditional Japanese Medicine (E-ki and Ei-Ki flow - Change in the meridians)
3. Traditional Chinese Medicine (Ki flow and effects in the physical body)

Emphasizing pulse and superficial skin palpation dx. as well as clairvoyance through your hands and in your meditative state of mind. With Teishin (**Ultra-Thin Teishin**) method. we refine our palpation and Ki diagnosis skills, learn and practice live point location and finding “Volcano points” and Hara Ki dx.

Hari Treatment with Futomani-Shinpo.

Simplified Teishin (UTT) NON-insertion methods: Ho, Ho-chu-no-Sha, Waho and O-Kyu (moxa).

We will refine our Feeling of the obtaining, Coming and Going of Ki, while focusing on “Ki arrival”, the liberation of Ja-Ki, and Long Distance tx. method (*Shinkiko*).

Ki feedback methods: Evaluation of the tx.

The evaluation system centers on the E-Ki changes in Aha-mation (telepathic intuition) or feedback from changes in patient’s and/or practitioner’s pulse to monitor the before, during, and after treatment.

Advanced Techniques

- A) Easy and quick Abdominal Ki Dx by points on the Hara, the re-discovery of the HT SHO, and usage of the HT channel for SP SHO.
- B) SHO determination for Root with SHIGO, Extra Vessel system.

And needless to say,...

We brush up on our original Japanese meridian therapy work

- ◇ Determining the Primary and Secondary SHO (Pattern of Unbalance and Treatment Strategy)
- ◇ Point selection, based on Nanjing Ch. 68, 69, 75
- ◇ Comparative I-Ki /ST-Ki dx. and Pulse quality dx. in Six Positions
- ◇ Study best forms and movements for Oshide/Sashide, Body and Spiritual posture

QUALITY AND POWER UP OF the HARI

Ki & Breathing Exercises in Kototama Meditation

We practice Hari in meditative stage with Kototama words to heighten the quality of our Ki, and power up through Ki-breath exercises.

(Option 3): SUNDAY WORKSHOPS,

Advanced supplementary clinical systems in HARI

(2-1) November 18th, 2018

Extraordinary Vessel tx. and Shigo methods

EV and Shigo treatments will support your overall clinical efficacy. For excess symptoms - such as pain – relatively simple methods (Magnet for EV and NON- insertive Gold needle #10-30 for Shigo) can produce quick and dramatic results. These two systems are first line adjunct therapies in Hari medicine and support the treatment of the root diagnosis.

(2-2) December 16th

Kigai and Ketsubon tx.

Two microsystems located at dynamic points of the body – where the head and neck meet the body and where the body meets the legs. Ketsubon (ST10-11) and Kigai (ST29-30) are used to deeply harmonize the flow of Ki throughout the body to treat symptoms and supplement root treatment.

(2-3) January 20th 2019

Advanced Pulse Position/Pulse Quality diagnoses

The degree to which each meridian is affected by disease processes and the location thereof can all be discerned through the pulse. Improve the accuracy and detail of your pulse image with deeper understanding of pulse quality in the six positions.

- Master the 8 basic pulse qualities and recognize the 23 pulses detailed in the Classic of Pulses
- Learn the qualities of a healthy pulse vs a diseased pulse to discern a client's condition
- Recognize the appropriate pulse qualities according to 5 Element and Zang organ theory
- Understand how to interpret the pulse to adjust techniques and find appropriate live points
- Learn Hari medicine's secret tool for mastery – pulse quality as biofeedback, a research method for group practice, self-learning, and our life.

(2-4) February 17th

Bloodletting and Cupping methods

Learn to master ancient techniques for profound effects. These methods can be used for both excess and deficient Blood stasis conditions. This workshop is taught with a focus on clinical efficacy so that participants may immediately incorporate it into their practice safely and effectively.

(2-5) March 24th

Shoni Hari

This pediatrics workshop is ideal for practitioners looking to develop a gentler manner, with a focus on non-insertive techniques. No experience in Traditional Japanese Medicine is necessary. Although the techniques are designed for children, the techniques can be used on anyone. You will learn new skills that can be immediately applied into your clinical practice.

In this seminar learn how to...

- Recognize & treat common pediatric complaints
- Use unique diagnostic techniques; special emphasis on refinement of palpation
- Adjust *Shonihari* techniques based on age & health of the patient
- Provide whole-body treatments for all ages

CEU: NCCAOM credits 1 CEU per hour of approved class time

CLASS SIZE

A large portion of the program is dedicated to hands on training and telepathic intuition feedback. This is the key to really learning Hari and producing results in our lives.

Class size will be limited (**only nine students**) to ensure proper supervision. Therefore, early registration with full payment is advised, submitted to the host office of the program.

HARI: CULIA KI CLINIC

Hari Program students will have the option to observe Mr. K's treatments at Saturday morning CULIA CLINIC practice as an additional free educational experience.

WHO YOU WILL STUDY WITH

Takayuki Koei Kuwahara, L. Ac.

Mr. Kuwahara has been practicing Acupuncture for forty years in Boston MA and Japan After graduating from Tokyo Therapeutic Institute in 1979, he went on to complete an intensive live-in five-year apprenticeship with Fukushima Kodo, renowned practitioner and developer of the Toyo Hari system of acupuncture. Having taught for the Toyo Hari Association for 15 years, Mr. Kuwahara now teaches his unique (Hari) style of acupuncture that draws from the various systems practiced by his teachers: Sensei Masamichi Shimada (Kototama), Tetsuo Shiomi, Masakazu Ikeda, Denmei Shudo (Meridian therapy), Kunsei Kudo (Bloodletting), Masanori Tanioka (Pediatrics), and Masato Nakagawa (Shinkiko/ Ki-Gong). Since visiting NESAs as a guest instructor in 1989, he has taught many Japanese acupuncture courses as well as continuing education programs in many parts of the world. He is the editor of Traditional Japanese Acupuncture –Fundamentals of Meridian

Therapy, a comprehensive JMT textbook, and of numerous acupuncture articles. He has practiced Aikido and Iaido for 45 years and lives in Watertown, MA, where he maintains a private practice.

OFFICE AND REGISTRATION

Deadline: Application submission and payment for the entire program is due **October 1st, 2018.**

Deposit: \$200.00 (**NO REFUND) will reserve your seat.

Tuition: **(Option 1): Whole Six-Weekend Program** \$1800.00 for Acu-students, \$2100.00 for professionals.

Re-take: ½ - off tuition, (for current Hari Society members)

(Option 2): First Month “Introduction to HARI” (no commitment to take the series): \$325.00 for Acu-students, \$385.00 for professionals.

(Option 1): Each Sunday is \$194 for Ac-students and Hari Society members, \$280 for non-members.

Contact: Grayson Wood D.Ac., President of the Boston Hari Society
[401-788-1068] Grayson@ShiningSea-Acupuncture.com

Payment: Please make checks payable to Boston Hari Society and mail to:
Joan Dedian, L.Ac., 34 Lanes End, Natick 01760

Please indicate "Hari Program" on the note area of your check.

Or call Grayson Wood to pay with credit card (add 3.5% for credit card fee)

Cancellations:

*** **A written cancellation** made up before the Deadline will result in a full refund, less a \$25 processing fee

*** **NO REFUNDS ON CANCELLATIONS MADE AFTER DEADLINE DAY NOTICE.**

Those enrolled in the full program are responsible for the entire tuition regardless of attendance or completion.

Boston Hari Society Member Benefits:

- Discounted seminars – repeat Core Fundamental series 50% off tuition. Other seminars up to 30% off.
- Invited to monthly member meetings – Kototama chanting and meditation and technique practice with other members. Highly beneficial for your continual growth!
- Granted entry into the Hari Society referral network
- A small community of like-minded practitioners
- Eligible to join any other Hari Society chapter in other cities