

VI. Lung Deficiency Heat Pattern Diagnosis and Treatment

1. Pathology

The circulation and release of LU ki deteriorates. Heat stagnates in the yang channel, causing fever.

Excess Heat pattern from heat stagnation in the Greater Yang Channel	Excess heat in Greater Yang easily enter to Yang Brightness
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Excess heat pattern from stagnation heat in the Yang Brightness channel	Heat easily enter to Lesser Yang channel or Fu from Yang Brightness channel
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Lung Deficiency Yang Excess Pattern		
Left Wrist		Right Wrist
Floating - Tight	Distal	Floating - Excess
Floating - Tight	Middle	Floating - Excess
Floating - Tight	Proximal	Floating - Tight

[2] Abdominal Diagnosis
 In the case of a Lung deficiency pattern, the results of the abdominal diagnosis are not used as a reference, even if there is some abdominal pattern

Lung Deficiency Heat Pattern			
Examination		Treatment	
Looking	Watery, bloodshot eyes. Red face. Lots of body hair if a constitutional pattern.	Basic Points	Tonify SP-5, LU-8, and LU-9.
		Liver Heat	No treatment necessary.
Listening Smelling	Coughing. Panting. Snuffling. Lots of complaining is a constitutional pattern.	Heart Heat	Disperse SI-1 and SI-6.
Questioning	The cause is being struck by wind-cold while there is Lung deficiency. Deterioration with overeating and drinking. Aversion to cold. Fever. No perspiration. Arthralgia. Stiffness and pain in the nape. Rhinitis. Normal Stomach and Intestines.	Spleen Heat	Disperse ST-44 and ST-45.
		Lung Heat	Disperse LI-2 and LI-7.
		Kidney Heat	Disperse BL-66 and BL-63.
Palpation	The overall pulse is floating, tight, rapid, and possible long. The right distal and middle positions are deficient at the deep level.	Supplementary Points	CV-12, LR-4, BL-13, and BL-20

VII. Lung Deficiency Cold Pattern Diagnosis and Treatment

<p><i>LU ki deficient, stagnation heat of the external is less. Inadequate opening and closing of the pores because of Yang ki deficient</i></p>	LR, GB Cold	TW Cold
	HT, SI Cold	Yang deficient heat of the Greater Yang transforms into upper warmer Cold
	SP, St Cold	Yang deficient heat of the Yang Brightness transforms into middle warmer Cold
	LU, LI Cold	Lung Cold or Ki stagnation
	KI, BL Cold	Yang deficient heat of the Greater Yang transforms into lower warmer Cold

Lung Deficiency Cold Pattern		
Left Wrist		Right Wrist
Floating - Deficient	Distal	Floating - Deficient
Choppy	Middle	Floating - Deficient
Floating - Deficient	Proximal	Floating - Deficient

Examination		Treatment	
Looking	The skin is whitish and rough with lot of peach fuzz.	Basic Points	Tonify LU-9, SP-3, LU-7, and SP-4.
Listening Smelling	Weak coughing. No strength in the voice. Lots of complaining.	Liver Cold	Tonify TW-4.
Questioning	Being chilled is the cause in those with constitutional Lung deficiency. Deterioration triggered by chilling, and in the winter and early morning. There is aversion to cold, fever, and either spontaneous sweating or aversion to cold without sweating, and a cold body. Frequent urination. Sneezing. Sore throat. Runny nose.	Heart Cold	Tonify HT-7 and SI-4
		Spleen Cold	Tonify ST-42.
		Lung Cold	Tonify LI-11.
Palpation	The overall pulse is floating, weak, and rapid or moderate. Alternatively, it could be weak, soft, choppy, and short. The right distal and middle positions are deficient at the deep level.	Kidney Cold	Tonify BL-64, BL-58, and BL-59.
		Supplementary Points	CV-12, LU-1, CV-4, BL-13, BL-14, BL-15, BL-22