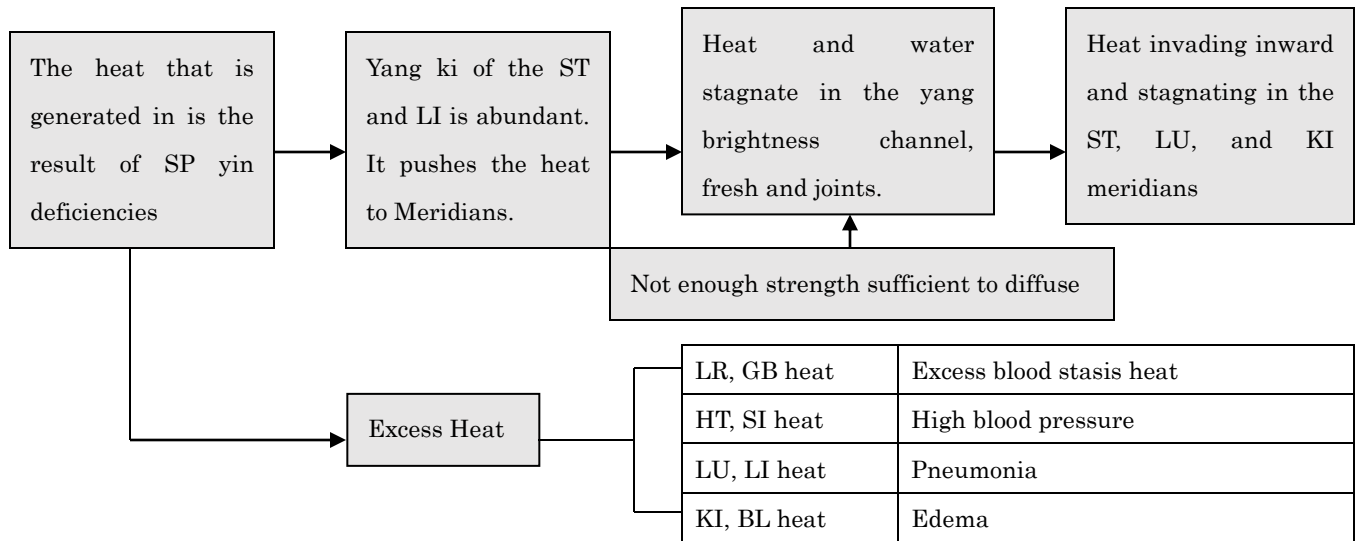


II. Spleen Deficiency Heat Pattern Diagnosis and Treatment 1

(A) [1] Spleen Deficiency Yang Brightness Channel Excess Heat Pattern

[2] Spleen Deficiency Stomach Excess Heat Pattern

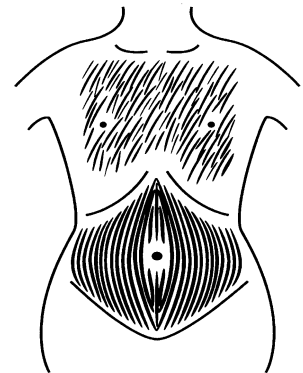


(1) Spleen Deficiency Yang Brightness Channel Excess Heat

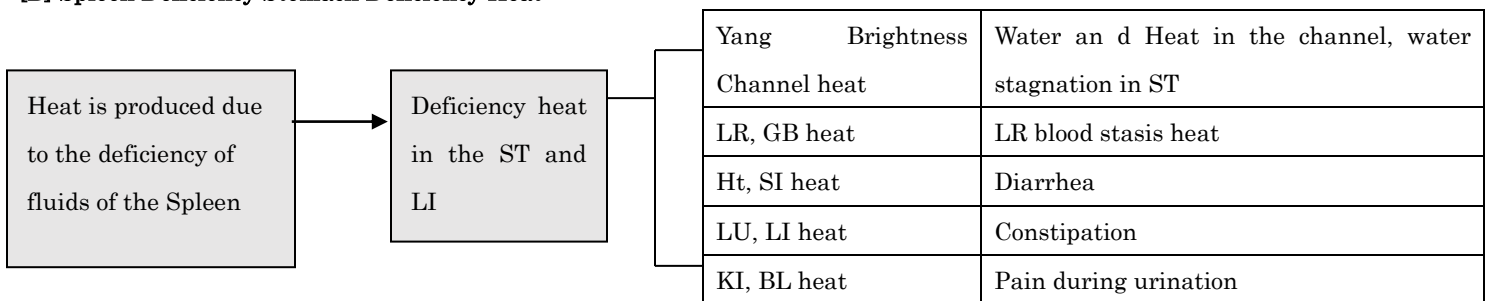
Left Wrist		Right Wrist
Deficient	Distal	Excess
Normal	Middle	Deficient
Occasionally Excess	Proximal	Deficient

(2) Spleen Deficiency Stomach Excess Heat

Left Wrist		Right Wrist
Flooding	Distal	Flooding - Excess
Sinking - Excess	Middle	Superficial level: Excess Deep level: Deficient
Hollow Deficient	Proximal	Large

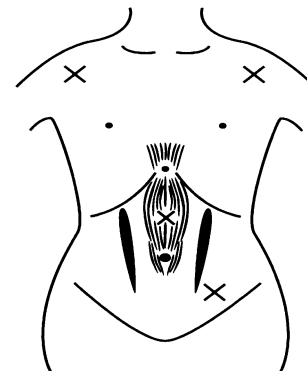


[B] Spleen Deficiency Stomach Deficiency Heat



(B) Spleen Deficiency Stomach Deficiency Heat

Left Wrist		Right Wrist
Minute or Thin	Distal	Wiry or Slippery
Wiry	Middle	Moderate or Hollow
Normal	Proximal	Deficient



Spleen Deficiency Heat Pattern

Examination		Treatment	
Looking	Edema in the joints and lower eyelids. Yellowing around the mouth. Angular cheilitis. Stomatitis. Pimples or small boils around the mouth. Stained teeth. Cracked lips. Red nose. Large lips. Dry, coated tongue.	Basic Points	Tonify PC-8 and SP-2 for Stomach excess heat. Tonify PC-7 and SP-3 for Stomach deficiency heat.
		Liver Heat	Disperse GB-38, GB-36, TW-5, TW-3, LR-3, and LR-4.
Listening and Smelling	Pompousness. Humming. Delirious utterances. Manic-depressive state. Loud voice. Bad breath.	Heart Heat	Disperse SI-7 and SI-6.
		Spleen Heat	Disperse ST-45, ST-44, ST-36, ST-37, ST-39, and BL-40.
Questioning	Causes include febrile diseases, immoderate eating and drinking, overuse of the hands or feet, or perseverance. Deterioration of symptoms and sensitivity to heat in the afternoon. With excess-type, heat there is overeating, a dry mouth, and constipation causes suffering while diarrhea feels good. With deficiency-type heat there is a feeling of fatigue in the extremities and throughout the body, and diarrhea with abdominal pain. Constipation. Overeating when feeling well. Nausea.	Lung Heat	Tonify PC-5, SP-5, and LU-10. Disperse LU-6 or LU-5.
		Kidney Heat	Tonify SP-9. Disperse BL-40, BL-65, and BL-63.
		Supplementary Points	LU-1, CV-12, ST-25, CV-4, BL-14, BL-17, BL-20, BL-21, BL-25, BL-27
Palpation	With excess-type heat the whole abdomen is distended and strong. With deficiency-type heat there is resistance and pressure pain around CV-12, pressure pain around the navel, and tension in the abdominal muscles. An excess-type pulse is large, tight, excess, slippery, and rapid, and the right middle and left proximal positions are deficient. A deficiency-type heat pulse is deficient at the deep level in the left distal and right middle positions. Areas to which heat is spreading have an excess pulse.		

IV. Spleen Deficiency Heat Pattern Diagnosis and Treatment 2

[1] Spleen Deficiency Liver Excess Heat Pattern

[2] Spleen Deficiency Liver Excess Pattern (The Subcostal Type)

V. Spleen Deficiency Cold Pattern Diagnosis and Treatment

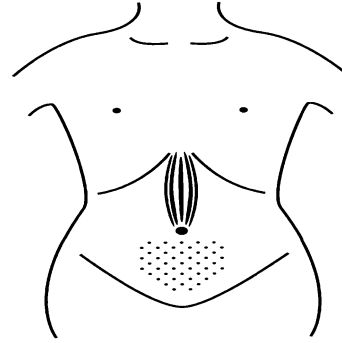
Cold is generated with the loss of yang ki from the Stomach due to a deficiency of blood or fluids of the Spleen.

Cold in Stomach

Heat in Yang Ming	Cold or Water stagnation in stomach
LR, GB cold	Bleed easily
HT, SI cold	A loss of yang ki of the upper warmer
LU, LI cold	Easy to be Lung cold
KI, BL cold	Transition to KI cold pattern

Spleen Deficiency Cold

Left Wrist		Right Wrist
Minute or Thin	Distal	Sinking - Choppy
Sinking - Weak	Middle	Weak - Deficient
Weak	Proximal	Weak - Deficient



Spleen Deficiency Cold Pattern Examination		Treatment	
Looking	White lips. Saliva collects in the mouth. Pimples or small boils around the mouth. Cracked lips. Flaccid flesh. Edema of the legs and face.	Basic Points	Tonify PC-7, SP-3, PC-6, and SP-4.
Listening Smelling	Uncommunicative. Lack of strength in the voice. Wet coughing when there is Lung cold.	Liver Cold	Tonify GB-40, TW-6, and TW-4.
		Heart Cold	Tonify SI-4.
Questioning	Constitutionally weak Stomach and Intestines. Causes such as cold foods and drinks, or chilling of the body. Dislike of mornings and summer. Find moving after eating to be bothersome. Dislike of work requiring use of the extremities. Chilling of the hands, legs, and body. Tires with diarrhea. Small appetite. Nausea.	Spleen Cold	Tonify ST-42, ST-36, SI-4, and SI-5. Disperse ST-44 if there is heat in the channel.
		Lung Cold	Tonify SP-5.
		Kidney Cold	Tonify TW-4, and KI-3.
Palpation	General flaccidity in the abdomen, but resistance around CV-12.	Supplementary Points	CV-17, CV-14, CV-12, LR-13, CV-4, BL-14, BL-20, BL-21, BL-22, and BL-23
	The overall pulse can be weak, choppy, thin, minute, slow, hollow, scattered, or soft. The left distal and right middle positions are deficient. Positions that are taking on cold are also deficient.		