

## **Tonification and Dispersion Points for Each Pattern of Imbalance**

The principles and usages for a number of different point selection methods were mentioned above. Next, the tonification and dispersion points for each of the patterns of imbalance will be organized below by taking into consideration each of these methods as well as the point selections made by senior teachers. However, this section simply presents a standardized selection of points, and so it is to be expected that not all of these points will be necessary to use during any one particular treatment, and of course there will be some differences in point selection for each patient. So, you need not stick exactly to this outline in selecting points when in the clinic.

The first example of a Liver deficiency heat pattern includes a simple explanation of the reasoning behind the point selection, but such explanations are left out of the other patterns.

### **① Liver Deficiency Heat Pattern**

#### **Root Treatment Points:**

Tonify KI-10 and LR-8.

If the pulse is floating due to hyperactivity of deficient-type heat, tonify LR-1 and KI-1 with the purpose of stimulating the functional property of gathering.

#### **Auxiliary Points for Specific Conditions:**

If the Heart has taken on heat, tonify KI-2 (fire point) in order to quell the heat. Otherwise disperse the Gallbladder channel using GB-38.

If the pulse has a hasty quality, tonify KI-7 in order to reduce the heat in the Heart by assisting the circulation of ki.

If there is abundant heat in the Gallbladder, disperse GB-38 (fire point), or the cleft points GB-36 and TW-7.

If there is abundant heat in the Bladder, disperse BL-65 (wood point) or BL-63 (cleft point). In a case in which there are signs of a condition such as cystitis, tonify LR-5. LR-5 has been traditionally used specifically for such conditions.

If the Lung is excess due to the taking on of heat, tonify LR-4 based on the five pathogenic influences theory. Otherwise tonify LI-11 in order to subdue the excess in the Lung channel. LU-10 could also be tonified. LU-10 is the fire point within the Lung channel, and so tonifying it quells Lung heat. If the Lung excess cannot be brought under control by these measures, disperse the water point LU-5 or the cleft point LU-6.

If the Spleen and Stomach have taken on heat, tonify SP-1 according to the five pathogenic influences theory. Otherwise disperse ST-36 or ST-45 in order to reduce heat in the Stomach channel.

#### **Root Treatment Supplementary Points:**

LR-14, GB-24, CV-12, ST-25, CV-5, BL-17, BL-18, BL-19, BL-23

## ② Liver Deficiency Cold Pattern

### Root Treatment Points:

Tonify KI-3 and LR-3.

In order to tonify both yin and yang, use KI-4 and LR-5.

### Auxiliary Points for Specific Conditions:

If the Heart pulse is stronger than the other pulse positions, tonify GB-41.

Tonify GB-40, TW-6, and TW-4 since there is Gallbladder channel deficiency.

If there is Bladder channel deficiency, tonify BL-64, BL-59, and BL-58.

If there is Lung symptomology or a rapid pulse, tonify LR-4 and KI-7 thinking that this condition developed from pathogenic cold.

If there is a deficiency of the yang ki of the Stomach, tonify ST-42.

If the Spleen pulse is choppy, tonify SP-1.

### Root Treatment Supplementary Points:

CV-4, CV-5, LR-13, CV-12, GB-25, BL-18, BL-21, BL-22, BL-23

## ③ Spleen Deficiency Yang Brightness Channel Excess Heat Pattern

### Root Treatment Points:

Tonify PC-8 and SP-2.

### Auxiliary Points for Specific Conditions:

If there is heat in the Small Intestine channel, disperse SI-7 or SI-6.

If heat is in the process of developing in the Bladder channel, disperse BL-40.

If heat is in the process of developing in the Lung, tonify LU-10 or disperse LU-6.

If the Stomach channel is excess, disperse ST-45, ST-44, and ST-34.

### Root Treatment Supplementary Points:

CV-12, ST-25, BL-14, BL-20, BL-21, BL-27, BL-25

## ④ Spleen Deficiency Heat Pattern

### Root Treatment Points:

For a Stomach excess heat pattern, tonify PC-8 and SP-2. For a Stomach deficiency heat pattern, tonify PC-7 and SP-3.

### Auxiliary Points for Specific Conditions:

If there is Small Intestine heat, disperse SI-3.

If there is heat in the Liver or Gallbladder, tonify GB-38, GB-36, TW-5, TW-3, and LR-2.

If there is heat in the Kidney and Bladder, tonify SP-9 and disperse BL-40, BL-64, and BL-63.

If there is heat in the Lung, tonify LU-10, or disperse either LU-6 or LU-5.

If there is excess-type heat in the Stomach, disperse ST-36, ST-37, ST-39, and BL-40.

If the Lung pulse is excess, tonify PC-5, SP-5, and LU-10, or disperse LU-5 and LU-6.

### Root Treatment Supplementary Points:

LU-1, CV-12, ST-25, CV-4, BL-14, BL-17, BL-20, BL-21, BL-25

## ⑤ Spleen Deficiency Cold Pattern

### Root Treatment Points:

Tonify PC-7 and SP-3.

Tonify Luò (network) points PC-6 and SP-4.

### Auxiliary Points for Specific Conditions:

If there is Small Intestine symptomology, tonify SI-4.

If there is Lung symptomology, tonify SP-5.

Tonify ST-42, ST-36, SI-4, and SI-5 since there is cold in the Stomach.

If there is heat only in the Stomach channel, disperse ST-44.

If cold has spread to the Gallbladder channel, tonify GB-40.

If the yang ki of the life gate is deficient, tonify TW-4 and KI-3.

### Root Treatment Supplementary Points:

CV-17, CV-14, CV-12, LR-13, CV-4, BL-14, BL-20, BL-21, BL-22

## ⑥ Spleen Deficiency Liver Excess Pattern

### Root Treatment Points:

Tonify PC-7, PC-8, SP-2, and SP-3.

For a Liver excess heat pattern, disperse GB-38, GB-36, TW-5, TW-3, and LR-2.

For a Liver excess blood stasis pattern, disperse LR-8, SP-10, and SP-6.

### Auxiliary Points for Specific Conditions:

If the etiological factor is abnormal eating, disperse LR-3. If it is pathogenic cold, disperse LR-4.

If heat has spread to the Kidney and Bladder, disperse BL-40.

If heat has spread to the Lung, use PC-5 and SP-5 as basic root treatment tonification points in place of the ones listed above in the root treatment points section.

If there is Stomach excess, disperse ST-36, ST-37, or ST-39.

### Root Treatment Supplementary Points:

LR-14, GB-24, CV-12, ST-25, BL-14, BL-17, BL-18, BL-19, BL-20, BL-21, BL-22

## ⑦ Lung Deficiency Heat Pattern

### Root Treatment Points:

Tonify SP-5 and LU-8.

### Auxiliary Points for Specific Conditions:

If there is Small Intestine channel heat, disperse SI-1 and SI-6.

If there is Bladder channel heat, disperse BL-66 and BL-63.

If there is Large Intestine channel heat, disperse LI-2 and LI-7.

If there is Stomach channel heat, disperse ST-44 and ST-45.

### Root Treatment Supplementary Points:

CV-12, LU-1, BL-13, BL-20

## ⑧ Lung Deficiency Cold Pattern

### Root Treatment Points:

Tonify LU-9 and SP-3.

Tonify Luò (network) points LU-7 and SP-4.

### Auxiliary Points for Specific Conditions:

If the Small Intestine channel has deficient-type cold, tonify SI-4.

If the Bladder channel has deficient-type cold, tonify BL-64, BL-58, and BL-59.

Tonify LI-11 since the Large Intestine channel has deficient-type cold.

Tonify ST-42 since the Stomach channel has deficient-type cold.

Tonify TW-4 since there is a deficiency of Triple Warmer source ki.

If there is deficient-type cold of the lesser yin channel, tonify HT-7.

### Root Treatment Supplementary Points:

CV-12, LU-1, CV-4, BL-13, BL-14, BL-15, BL-22

## ⑨ Lung Deficiency Liver Excess Pattern (Chp.75)

### Root Treatment Points:

Tonify LU-5 and KI-7. Disperse LR-2.

### Auxiliary Points for Specific Conditions:

If the Heart pulse is excessive, tonify KI-2 and disperse either PC-4 or PC-8.

Disperse LR-8, SP-10, and SP-6 since the Liver excess is due to blood stasis.

If there is a lot of deficient-type heat, tonify KI-10.

LU-5 *must* be tonified if there is a lot of water ki.

For Spleen and Stomach heat use a moxa-on-the-handle needle at SP-8, and disperse ST-36.

If the etiological factor is pathogenic cold, disperse LR-4.

If the etiological factor is abnormal eating, disperse LR-3.

### Root Treatment Supplementary Points:

CV-17, CV-12, ST-25, LR-14, GB-24, CV-5, BL-13, BL-18, BL-19, BL-23, BL-26, BL-25

## ⑩ Kidney Deficiency Heat Pattern

### Root Treatment Points:

Tonify LU-5 and KI-7.

If there is a lot of deficient-type heat, tonify KI-1 and KI-10.

### Auxiliary Points for Specific Conditions:

If the Heart pulse is excessive, tonify KI-2 or disperse PC-4.

If there is Bladder channel excess, disperse BL-65 and BL-63.

If there is Large Intestine channel excess, disperse LI-2 and LI-4.

If the Lung pulse is excessive, disperse LU-5 and LU-6 after tonifying LI-7 (note: in this case do not tonify LU-5 as given in the root treatment points section above).

If the Spleen and Stomach pulses are excessive, disperse SP-8 and ST-36.

**Root Treatment Supplementary Points:**

CV-3, CV-4, ST-25, CV-12, CV-17, CV-14, BL-13, BL-23, BL-26, BL-28, BL-25

⑪ **Kidney Deficiency Cold Pattern**

**Root Treatment Points:**

Tonify LU-9, LU-8, LU-7, KI-3, and KI-4.

**Auxiliary Points for Specific Conditions:**

Tonify SI-4 and SI-8 since there is a tendency for deficient-type cold to appear in the Small Intestine channel.

Tonify BL-64, BL-58, and BL-59 since there is deficiency in the Bladder channel.

Tonify TW-4 since there is a deficiency of Triple Warmer source ki.

If the etiological factor is pathogenic cold, tonify KI-7.

Tonify KI-3 and ST-42 since there is a tendency for the pattern of imbalance to develop into a Spleen deficiency cold pattern.

**Root Treatment Supplementary Points:**

CV-4, CV-5, CV-12, GB-25, LR-13, BL-13, BL-23, BL-22, BL-28, BL-20, BL-21