

Pulse diagnosis

Finding the middle/stomach Ki pulse and determining yin/yang pulses.

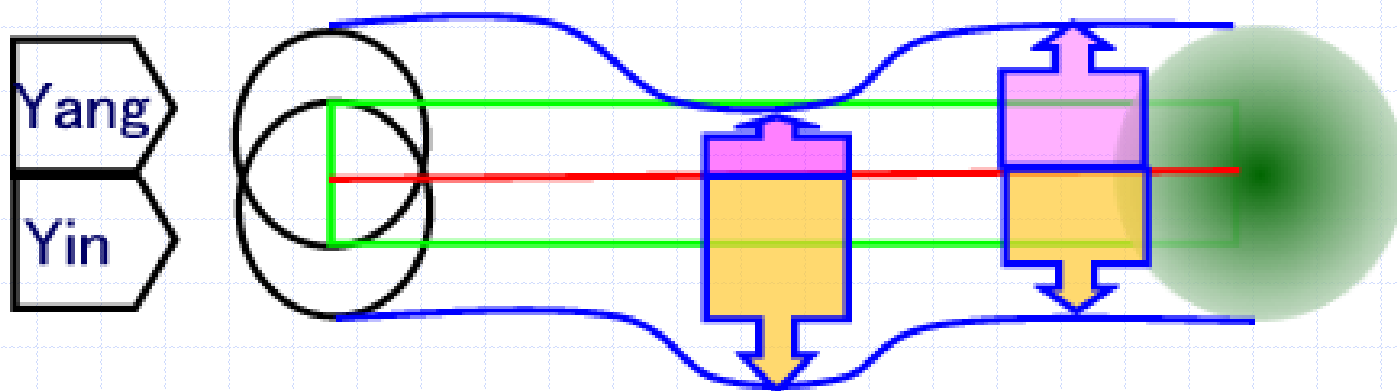
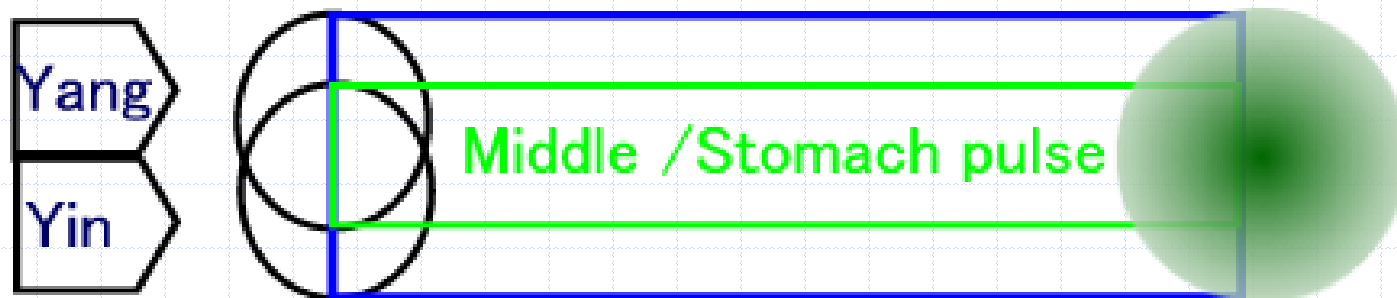
There are three main points to understand about stomach ki.

- ◆ 1. The strength and quality of Stomach ki is ascertained mainly at the middle pulse.
- ◆ 2. Stomach ki quality should feel moderate and peaceful.
- ◆ 3. Stomach ki can be judged as being abundant if the pulse has enough depth (thickness) in between the superficial and deep levels.

Middle pulse

- ◆ Find the Middle Pulse, compare the Yin/Yang, find deficiency/excess in the 6 positions.
- ◆ The middle pulse is the line where the three fingers feel equally and clearly the pulse. It is also the place where the pulse is felt the strongest.

Middle/Stomach Pulse



The depth of the pulse in each position

In the Classics the depth of each position is indicated by the weight of beans:

